



GIVE THANKS NOT COVID!



Let's do the right things to keep our loved ones healthy this holiday season.

We need to celebrate in new ways this season so we can slow the spread of COVID-19 and keep our community healthy. The sooner we control COVID, the sooner we can gather together again.



SAFE & SNUG LOW-RISK CELEBRATIONS

Celebrating at home with your household



Staying home is the safest option for your family and our community. Save the big holiday gatherings for 2021!

Visiting from a safe distance



Connect with family and friends online or by phone, or visit outside with masks and physical distancing.



HIGH RISK NOT RECOMMENDED!

Traditional indoor gatherings



Gov. Jay Inslee issued a proclamation prohibiting indoor gatherings with more than one household unless participants follow quarantine and testing guidance.

Traveling to holiday gatherings

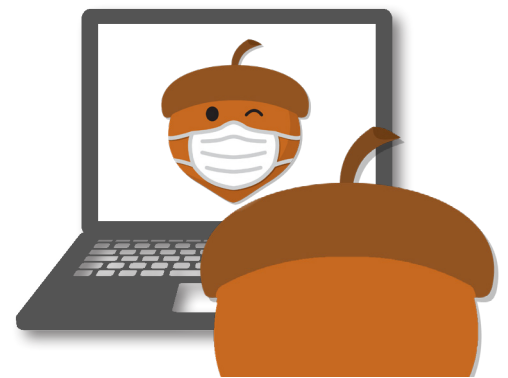


Travel increases your risk of getting or spreading COVID-19. Staying local is safest!

STAY HOME, STAY SAFE, STAY CONNECTED

Nothing replaces being together in person, but we can find creative ways to connect and have fun while staying home.

- **Have a game, craft or movie night** with your household.
- **Drop off meals** for family and friends in your area.
- **Visit with loved ones using an online meeting app** such as Zoom or Skype. Virtual charades anyone?
- Set up a computer or phone in the kitchen or dining room so you can **cook and eat together remotely**.
- Be sure to **document your celebration** with photos or video. We are living through a historic event!



FOOD FOR THOUGHT: ALTERNATIVES TO THE BIG MEAL

- **This has been an odd year, so why not try a new tradition?**
- Grab your raincoat and boots and **get outside** for a walk or a hike.
- **Donate** to a food bank or other charity.
- Hold a **neighborhood cleanup day** to pick up litter and rake leaves. (Say "hi" to neighbors from a safe distance.)

MORE TIPS & INFORMATION:

coronavirus.wa.gov/gatherings | cdc.gov | kitsappublichealth.org



KITSAP PUBLIC
HEALTH DISTRICT