



# SPREAD JOY NOT COVID!



We need to celebrate in new ways this season so we can slow the spread of COVID-19 and keep our community healthy. The sooner we control COVID, the sooner we can gather together again.



## SAFE & SNUG LOW-RISK CELEBRATIONS

### Celebrating at home with your household



Staying home is the safest option for your family and our community. Save the big holiday gatherings for 2021!

### Visiting from a safe distance



Connect with family and friends online or by phone. Visit outside with masks and physical distancing.



## HIGH RISK NOT RECOMMENDED!

### Traditional indoor gatherings



Statewide restrictions on indoor gatherings with more than one household are in effect until **at least Jan 4**. Learn more at [coronavirus.wa.gov](https://coronavirus.wa.gov).

### Traveling to holiday gatherings

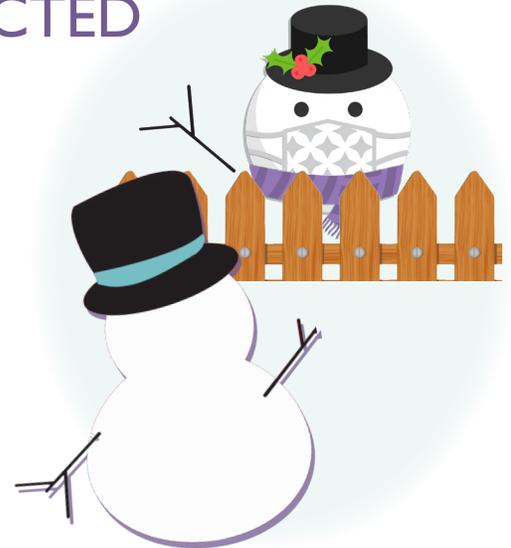


Travel increases your risk of getting or spreading COVID-19. Staying local is safest!

## STAY WARM, STAY SAFE, STAY CONNECTED

Nothing replaces being together in person, but we can find creative ways to connect and have fun while staying home.

- **Have a game, craft or movie night** with your household.
- **Drop off presents or treats** for family and friends in your area.
- **Visit with loved ones using an online meeting app** such as Zoom or Skype. Virtual charades, anyone?
- Set up a computer or phone in the kitchen or dining room so you can **cook and eat together remotely**.
- Be sure to **document your celebration** with photos or video. We are living through a historic event!



## FIND HEALTHY WAYS TO SPREAD HOLIDAY CHEER

This has been an odd year, so why not try a new tradition?

- Grab your jacket and boots and **get outside** for a walk or a hike.
- **Donate** to a food bank or other charity.
- Organize a **neighborhood holiday light contest** or a **caroling car parade**. (Greet neighbors from a safe distance!)

### MORE TIPS & INFORMATION:

[kcowa.us/holidays](https://kcowa.us/holidays) | [kitsappublichealth.org](https://kitsappublichealth.org) | [coronavirus.wa.gov](https://coronavirus.wa.gov) | [cdc.gov](https://cdc.gov)

