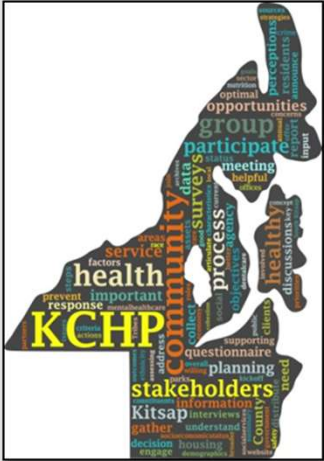# Kitsap Community Health Priorities 2024 Prioritization Convening

January 11, 2024

Norm Dicks Government Center, Bremerton

WELCOME

LAND ACKNOWLEDGEMENT

We gather on lands where Coast Salish peoples have long resiliently resisted the ongoing harms of colonialism. Let us continually ask how we are respecting the Tribes' sovereignties, rights to self-determination, and sacred connections to this place. In solidarity, we work with intention toward truth-telling reconciliation. Please center yourself in this context ...and in the following words from the Port Gamble S'Klallam and Suquamish Tribes.

nəxʷqíyt nəxʷsʔáyəmí
PORT GAMBLE S'KLALLAM TRIBE

from the Preamble to the Point No Point Treaty Council Constitution

...the Port Gamble S'Klallam and the Jamestown S'Klallam Tribes, of the Point No Point Treaty Area, recognize the responsibility and need to protect and advance the treaty reserved hunting, fishing and gathering rights of [their] Tribes.

[The Port Gamble S'Klallam and the Jamestown S'Klallam Tribes] further recognize that [their] inherent traditional and cultural rights constitute vital and irreplaceable resources for [their] future. These resources are essential for the social, cultural and economic self-sufficiency and well-being of [their] Tribal communities.

[The Port Gamble S'Klallam and Jamestown S'Klallam Tribes] believe that in unity and mutual respect [they] can best accomplish [their] community goals, not only for the benefit of Indian people, but for all people.

dxʷsəq̓ʷəb
PLACE OF THE CLEAR SALT WATER

LAND ACKNOWLEDGEMENT STATEMENT

"Every part of this soil is sacred in the estimation of my people. Every hillside, every valley, every plain and grove, has been hallowed by some sad or happy event in days long vanished."
Chief Seattle 1854

We would like to begin by acknowledging that the land on which we gather is within the aboriginal territory of the suq̓ʷabš "People of Clear Salt Water" (Suquamish People). Expert fisherman, canoe builders and basket weavers, the suq̓ʷabš live in harmony with the lands and waterways along Washington's Central Salish Sea as they have for thousands of years. Here, the suq̓ʷabš live and protect the land and waters of their ancestors for future generations as promised by the Point Elliot Treaty of 1855.

SUQUAMISH TRIBE

ATTENDANCE

Community Based Organizations	Housing	Social Services	Healthcare
Government	Navy	Schools	Early Childhood
Public Health	Tribes	Philanthropy	Transit
	Business	Civic Organizations	And More…

GOALS FOR TODAY

- Review process to identify top community health issues

- Select 3 priorities to address in our 5-year Community Health Improvement Plan

- Discuss next steps

KCHP HISTORICAL TIMELINE

2011
- May-September: community assessments
- November: priorities selected

2014
- Jan-July: community assessments
- September: priorities selected

2019
- Summer: community assessments
- November: priorities selected

2022-24
- Fall 2022-23: community assessments
- Jan-February 2024: priorities selected

OUR PROCESS

Data Summit
September 2023

Data Open Houses
October 2023

CHA Report Release
December 2023

Community Health Prioritization
TODAY!

Community Health Improvement Plan Launch
February 2024

Present data, start identifying priorities

Set priorities, start collaborative planning

COMMUNITY ASSESSMENTS

- This KCHP process draws from the Kitsap Community Resources Community Needs Assessment (CNA) and the St Michael Medical Center Community Health Needs Assessment (CHNA)

- There are many other assessments and planning documents developed by community and governmental organizations in Kitsap County

- Review of those assessments and documents will be helpful in planning collaborative actions on the priorities we select together today

TODAY'S AGENDA

9:00 – 9:20	Welcome
	Convening goals, process
9:20 – 9:50	Naming our Top Issues
9:50 – 10:40	Selecting our Priorities
	Voting – Round 1
10:40 - 11:00	Break
11:15 – 11:45	Voting – Round 2
11:45 – 12:00	Priorities Review, Next Steps

Community Health Improvement Plan (CHIP)

Overview

WHAT IS A CHIP?

Multi-year plan that:

- identifies community-wide priorities set by participants in a community health assessment process,
- identifies strategies to address those priority issues, and
- describes community partner roles in collaborating to address the priorities.

PAST CHIP PRIORITY PROJECTS

2011:

- 5-2-1-0 Kitsap
- Project Access Northwest
- ACEs Partnership
- Ready! for Kindergarten
- Breastfeeding Support

2014:

- Healthy Eating Active Living (HEAL) Coalition
- Kitsap Strong
- Kitsap Connect
- Explore respite care options

2019:

- *COVID disruption to project development*
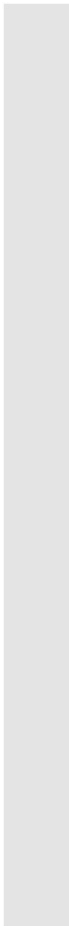
CHIP *IS* COLLABORATION

YOUR ROLE IN CHIP

- Participate in
    - this process to identify CHIP priorities.
    - CHIP priority workgroup (s) and if appropriate, lead a workgroup.
    - the development of goals, objectives, strategies, and actions for your selected priority.
    - the implementation of actions from the CHIP.
- Attend yearly convenings to share and celebrate progress.

KPHD'S ROLE IN CHIP

- Facilitate the process for identifying CHIP priorities.
- Provide a suggested framework and process to launch each CHIP priority.
- Participate in the implementation of actions from the CHIP.
- Document and evaluate CHIP process.
- Facilitate yearly CHIP convenings.

Naming our Top Issues: Priority Development Process

PROCESS STEPS

Indicators + Community Voice → key findings

Data summit & Open houses → key themes

Crosswalk key findings and key themes to develop list of potential community health priorities

2024-28 Priorities

Indicators + Community Voice → key findings

INDICATORS & COMMUNITY VOICE

The Sept 26th Data Summit was a presentation of key findings from the quantitative indicators and qualitative community voice in our Community Health Assessment (CHA).

The CHA covers 9 topic areas and includes trends, disparities, areas of concern, and assets in our county.

The final CHA report was published Dec 29th

CHA KEY FINDINGS

- CHA Key findings are presented in fact sheet organized by topic area:

    - Demographics and Social Determinants of Health
    - Environmental Health
    - Access to Health Care
    - Pregnancy and Births
    - Mental Health & Wellbeing
    - Health Related Behaviors
    - Communicable Disease
    - Chronic Disease
    - Injuries, Hospitalizations and Deaths

Data summit & Open
houses → key themes

DATA SUMMIT

At the Sept 26th Data Summit, participants heard about key findings from the CHA and were asked to provide written input based on this question:

From the data you have just seen and your experiences, what should be our community's top health priorities related to this section's topics?

All written responses were compiled into high level themes in real time.

DATA SUMMIT INPUT THEMES

Data Summit	
Section	Top Themes
Social Determinants of Health	affordable and safe housing
	meet basic needs
	address and prevent homelessness
Environmental Health	active living/transportation
	climate change
Health Care Access, Pregnancy and Births	provider recruitment
	healthcare gaps - access
	equity and representation
	OB pre/postnatal care
	healthcare costs and insurance
	expand OB provider types
Mental Health, Wellbeing and Health Behaviors	expand care models
	school services
	mental health care access
	mental health prevention
	youth support
Communicable Disease, Chronic Disease, Injury, Hospitalizations, Deaths	healthy eating/food access
	STI screens/preventive care
	communicable diseases
	education/information campaigns

Data summit & Open
houses → key themes

DATA OPEN HOUSES

In October/early November, we hosted six data open houses. Locations: Bremerton, Port Orchard, Poulsbo, Silverdale, NDGC Lobby, and virtual.

Open house participants reviewed the 9 topic area fact sheets and provided input on the topics through written comments on sticky notes (in-person sites) or in an electronic form (virtual). They were asked to:

Write any questions you have about the data and/or suggestions you have on what our community's health priorities should be.

All written responses were compiled into high level themes.

OPEN HOUSE INPUT THEMES

Open Houses	
Section	Top Themes
Social Determinants of Health	affordable and safe housing
	meet basic needs
	economics/income
Environmental Health	active living/transportation
	climate change
Health Care Access, Pregnancy and Births	provider recruitment
	healthcare gaps - access
	healthcare gaps
	healthcare costs and insurance
	new models
	expand OB provider types
	OB pre/postnatal care
Mental Health, Wellbeing and Health Behaviors	mental health care access
	substance use disorder care access
Communicable Disease, Chronic Disease, Injury, Hospitalizations, Deaths	sexually transmitted infections screens/preventive care
	healthy eating/food access
	education/information campaigns
	chronic disease prevention and screening
	communicable diseases

Crosswalk key findings and key themes to develop list of potential community health priorities

CROSSWALK
Building a list of potential priorities

CHA key findings, Data Summit input themes and Open House input themes were put into a table to identify areas of overlap. Those areas were summarized into potential priority statements.

INDICATOR DATA		SURVEY, CONVERSATIONS, INTERVIEWS	THEMES FROM DATA SUMMIT & OPEN HOUSES		POTENTIAL PRIORITIES
QUANTITIATIVE	DISPARITY	COMMUNITY VOICE	DATA SUMMIT	DATA OPEN HOUSES	
There have been decreases in Kitsap's population living in poverty from 2013 to 2021. In 2021, about one in five (19%) Kitsap residents (about 52,000 people) were estimated to live below 200% of the Federal Poverty Level (FPL) (below $53,000 annual income for a family or household of four).	**Disparities are seen in economic stability (income) by geography and race and ethnicity.**	**Community members reported cost as a barrier to meeting basic needs.** In the 2022 Kitsap Community Resources (KCR) survey, cost was reported as the primary barrier preventing survey participants from meeting basic needs for housing, food, reliable transportation, and childcare.	meet basic needs	meet basic needs	Improve strategies and systems to ensure basic needs are met
	Among Bremerton community members nearly one in three (32%) lived below 200% of the Federal Poverty Level (FPL) in 2021 (about $53,000 annual income for a family or household of four). This was the highest percentage of any Kitsap County region.			economics/income	Improve opportunities for education
	The estimated median household income by race/ethnicity in 2021 ranged from $58,854 for American Indian or Alaska Native community members to $90,191 for White community members.				
	Disparities were seen in educational attainment by geography and housing status.				
	Across Kitsap County, the percentage of public school students graduating within four years ranged from 64% in Bremerton to 94% in Bainbridge Island during the 2020-2021 school year.				

17 POTENTIAL PRIORITIES

1. Improve strategies and systems to ensure **basic needs** are met.

2. Improve opportunities for **education**.

3. Ensure **affordable and safe housing**.

4. Address and prevent **homelessness**.

5. Expand strategies to increase and improve options for **healthy eating**.

6. Expand strategies for community design to increase and improve options for **active living and transportation**.

7. Prepare for and minimize the impacts of **climate change**.

8. Address gaps in **healthcare access**.

9. Implement strategies to recruit and retain **healthcare workforce**.

10. Train healthcare workforce to provide **culturally relevant and inclusive services**.

11. Expand number of OB providers and options for **prenatal, perinatal, and postnatal care**.

12. Expand care options for **mental health and substance use disorders**.

13. Address and prevent **suicide and depression**, especially for populations disproportionately impacted.

14. Expand care options and prevention strategies for **communicable diseases, especially sexually transmitted infections**.

15. Increase awareness of **chronic disease prevention** strategies especially for populations disproportionately impacted.

16. Increase awareness of **injury prevention** strategies especially for populations disproportionately impacted.

17. Increase awareness of **accidental poisoning (drug overdose)** strategies especially for populations disproportionately impacted.

DETERMINANTS OF HEALTH

- Many things influence our health:

SOCIAL DETERMINANTS OF HEALTH

Economic stability

Neighborhood and environment

Education

Food

Community, safety, and social context

Healthcare system

Health and wellbeing

Source: Kaiser Family Foundation

- Social factors are things that we don't usually think are related to health but actually influence our health in significant ways.

- Opportunities to improve health include focusing on social determinants of health.

PRIORITIZATION

- Today we are not worried about the specific language of the priority, at the next meeting Feb 8th, priority groups can make final edits to the wording.

- Today's process to narrow the list of 17 potential priorities to a final 3 priorities:
    - We will have 2 rounds of voting

FRAMING OUR VOTING PROCESS

- In this process, topics not selected are not less important.

- We will collectively identify 3 health priorities that we will work on together over the next 5 years.

- Our shared goal is improving the health of our community. We will accomplish this for our identified health priorities by bolstering current strategies, implementing new strategies and exploring how each of our organizations can contribute and collaborate to make a difference.

- As you vote, consider where you or your organization can contribute – meaningful impact requires contributions from many

Voting – Round 1

ROUND 1 GOALS

Participants will:

- Vote on the top priorities from the 17 listed. The top *approximately* 6-8 will move forward to Round 2.

INSTRUCTIONS

- Discuss the priorities based on the criteria provided and questions posed by Table Guides.
  - *Urgency* – action in the next 5 years for the health of our community
  - *Impact* – activities we can do collectively that will make a positive difference to address the issue
  - *Feasibility* – local momentum and can realistically do something to address this within the next 5 years
  - *Contribution* – My organization has the capability (skills/knowledge) and capacity (resources/time) to participate

- On your selection worksheet, identify **6** priorities and write your priority numbers on a **notecard**.

- Give your **notecard** to your Table Guide to tally.

17 POTENTIAL PRIORITIES

1. Improve strategies and systems to ensure **basic needs** are met.

2. Improve opportunities for **education**.

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17. Increase awareness of **accidental poisoning (drug overdose)** strategies especially for populations disproportionately impacted.

ROUND 1 RESULTS

PRIORITY	Table 1	Table 2	Table 3	Table 4	Table 5	Table 6	Table 7	Table 8	Seats	TOTAL
1. Improve strategies and systems to ensure **basic needs** are met.										0
2. Improve opportunities for **education**.										0
3. Ensure **affordable and safe housing**.										0
4. Address and prevent **homelessness**.										0
5. Expand strategies to increase and improve options for **healthy eating**.										0
6. Expand strategies for community design to increase and improve options for **active living and non-motor vehicle transportation**.										0
7. Prepare for and minimize the impacts of **climate change**.										0
8. Address gaps in **healthcare access**.										0
9. Implement strategies to recruit and retain **healthcare workforce**.										0
10. Train healthcare workforce to provide **culturally relevant and inclusive services**.										0
11. Expand number of OB providers and options for **prenatal and postnatal care**.										0
12. Expand care options for **mental health and substance use disorders**.										0
13. Address and prevent **suicide and depression**, especially for populations disproportionately impacted.										0
14. Expand care options and prevention strategies for **communicable diseases, especially sexually transmitted infections**.										0
15. Increase awareness of **chronic disease prevention** strategies especially for populations disproportionately impacted.										0
16. Increase awareness of **injury prevention** strategies especially for populations disproportionately impacted.										0
17. Increase awareness of **accidental poisoning (drug overdose)** strategies especially for populations disproportionately impacted.										0
TOTAL PARTICIPANTS AT TABLE										0

Voting – Round 2

INSTRUCTIONS

- Discuss the priorities identified from Round 1 (use questions posed by Table Guides).

- Use notecards to share your top 3 priorities with your Table Guide.

ROUND 2 GOALS

Participants will:

- Vote on the short list of priorities resulting from Round 1.

- Identify 3 priorities that can be addressed in our Community Health Improvement Plan.

POTENTIAL PRIORITIES ROUND 2

ROUND 2 VOTING CRITERIA

Which of the top priorities:

- Are most **urgent**?

- Will have the **greatest impact** on the health of our community?

- Will most benefit individuals who **already experience barriers to health?**

- Already have **community interest and resources** to address?

- Are already a **priority to your organization**?

- Does your organization have **interest, funding,** and **resources** to address?

ROUND 2 RESULTS

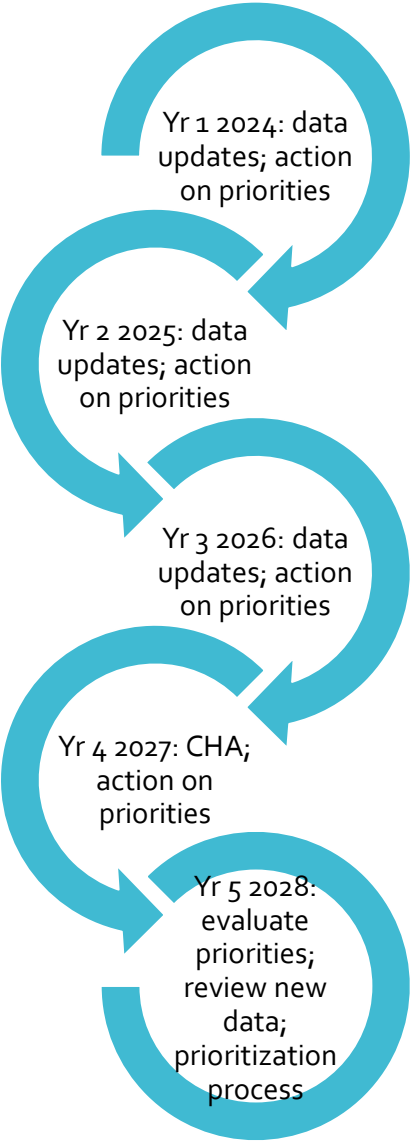| PRIORITY	Table 1	Table 2	Table 3	Table 4	Table 5	Table 6	Table 7	Table 8	Seats	TOTAL

Next Steps

KPHD's NEXT STEPS

KPHD team will send participants:

- A summary of today's Convening

- Information about the February 8th Community Health Improvement Plan launch meeting

5 YEAR COMMUNITY HEALTH IMPROVEMENT CYCLE

Yr 1 2024: data updates; action on priorities

Yr 2 2025: data updates; action on priorities

Yr 3 2026: data updates; action on priorities

Yr 4 2027: CHA; action on priorities

Yr 5 2028: evaluate priorities; review new data; prioritization process

OUR PROCESS

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September 2023

Data Open Houses
October 2023

CHA Report Release
December 2023

Community Health Prioritization
January 2024

Community Health Improvement Plan Launch
February 2024

Present data, start identifying priorities

Set priorities

Start collaborative planning

EVALUATE TODAY'S CONVENING

- Find the ½ sheet on your table and provide us with quick feedback on today's convening

KCHP Prioritization Convening – January 11, 2024 – Feedback Survey

Please rate your level of satisfaction with the following:

	very satisfied	satisfied	neutral	dissatisfied	very dissatisfied
Overall convening					
Location					
Length					
Voting process					

What could we improve?

Do you have any concerns about the outcome of the prioritization process?

Share any other feedback you have about the Prioritization Convening or the Kitsap Community Health Priorities process.

Please attend!

Let's move these priorities forward!

Kitsap Community Health Improvement Plan Convening:

Thursday, February 8, 2024, 9 a.m. – noon

Chambers, Norm Dicks Government Center

Any comments or questions can be sent to :

kchp@kitsappublichealth.org

Thank you for your contributions to the health of our community!