KITSAP COUNTY TRENDS IN INJURIES, HOSPITALIZATIONS & DEATHS

Preventable injuries and injury-related deaths continue to increase across the United States, a trend we also see in Kitsap County data. Focusing on the leading causes of hospitalizations and deaths helps us to identify where to allocate resources to prevent harm and reduce early deaths.

**ALL DEATHS**

The **top five causes of death** in Kitsap in 2021 were:

- **Cancer** 📊 517 deaths
- **Heart disease** 📊 497 deaths
- **COVID-19** 📊 193 deaths
- **Accidents** 🏎️ 144 deaths
- **Alzheimer's Disease** 🧠 137 deaths

**ACCIDENTAL DEATHS**

The **top three causes of accidental death** in Kitsap in 2021 were:

- **Poisoning** 🧴 53 deaths
- **Falls** 🧪 53 deaths
- **Motor-vehicle accidents** 🚗 14 deaths

**PREMATURE DEATH**

The **top causes of premature death** (deaths among people younger than 65) in Kitsap in 2021 were:

- **Cancer** 📊 121 premature deaths
- **Accidents** 🏎️ 77 premature deaths
- **Heart disease** 🏳️‍🌈 67 premature deaths
- **COVID-19** 📊 52 premature deaths
- **Suicide** 🕊 35 premature deaths
- **Liver disease** 🝩 35 premature deaths

**DISPARITIES IN INJURIES, HOSPITALIZATIONS & DEATHS**

**GEOGRAPHY**

From 2016-20, life expectancy was higher in Bainbridge Island compared to all other sub-county geographies.
SEX/GENDER IDENTITY

- The premature death rate (before age 65) was higher among males compared with females from 2017 to 2021.
  - Life expectancy was shorter among males compared with females from (2016-2020).

RACE/ETHNICITY

- From 2016-2020, life expectancy was shortest among Native Hawaiian or Pacific Islanders, American Indian or Alaska Natives, and Black or African Americans. Life expectancy was longest among Asian or Asian Americans and Hispanic or Latinos.

  - Premature death rates were highest among Black or African American residents and Native Hawaiian or Pacific Islander residents.

SOURCES

- Linked Birth & Death Certificates, Community Health Assessment Tool (CHAT), Washington State Department of Health (2021)
- WA Hospital Discharge Data, Comprehensive Hospitalization Abstract Reporting System or CHARS (2021)
- Washington State Population Interim Estimates or PIE (2022)

LEARN MORE

VIEW THE FULL REPORT
Kitsap Public Health published a detailed Community Health Assessment in 2023. Scan the code with a smartphone camera to view the full report.

HAVE QUESTIONS?
We'd love to provide any answers that we can.

Our office is open from 9 a.m. to 4 p.m. every weekday. Call 360-728-2235.
Reach us via email at epi@kitsappublichealth.org.

Note: An earlier version of this fact sheet included leading causes of hospitalization. That chart has been removed due to an error identified in initial data analysis.