KITSAP COUNTY TRENDS IN HEALTHCARE ACCESS

The availability and accessibility of high-quality healthcare services is integral to the overall health of our community. Preventive care helps people live full and healthy lives while reducing their risk for illness and injury. Emergency and specialty services support recovery from disease and injury and help us manage chronic conditions.

AVAILABILITY OF HEALTHCARE PROVIDERS

In Kitsap County there were 63 primary care physicians for every 100,000 residents in 2021.

Statewide, there were 90 primary care physicians for every 100,000 residents.

Our Accountable Community of Health region, which includes Kitsap, Clallam, and Jefferson counties, had the lowest rate of specialists (not including primary care) of any region in the state.

There were 110 specialists (not including primary care) for every 100,000 residents in our region in 2021, compared with 184 specialists (not including primary care) for every 100,000 residents statewide.

AFFORDABILITY AND ACCESS TO SERVICES

94% of Kitsap residents had health insurance in 2021, a figure that has remained steady since 2018. However, some communities face more barriers to accessing health insurance and services, including high costs.
HEALTHCARE ACCESS IN KITSAP COUNTY

During focus group discussions hosted by Kitsap Community Resources in 2022, participants reported **access to healthcare as a top concern**. They discussed several barriers to care, including months-long wait times for primary and mental health care as well as a lack of Medicaid providers.

**“Waiting too long for an appointment”** was the **primary barrier to getting needed medical care** for 44% (476) of respondents reporting an inability to secure medical care in the 2022 community survey.

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**DISPARITIES IN HEALTHCARE ACCESS**

**NO HEALTH INSURANCE**

Subgroups with the highest percentages for those uninsured:

- Among age groups: **19 to 34 year olds**
- Among race/ethnicities: **American Indian or Alaskan Native residents** (some members of this population may receive care through the Indian Health Service but do not carry insurance)
- Among Kitsap regions: **Bremerton residents**

**UNMET NEEDS DUE TO COST**

Subgroups with the highest percentages reporting a time in the past year when they needed a doctor but could not go due to cost:

- Among income levels: Residents with an **income of less than $25,000 a year**.
- Among Kitsap regions: **Bremerton residents**

**LACK OF ACCESS TO PREVENTIVE CARE**

Among Medicaid beneficiaries, subgroups with the lowest percentages reporting at least one adult ambulatory or preventative care visit:

- By sex: **Males** had lower percentages compared to females.
- By age group: **20 to 44 year olds** had lower percentages than those aged 45 to 64.

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**SOURCES**

- Physician Supply Report, Office of Financial Management (OFM) Health Care Center (2022)
- Community Survey, Kitsap Community Resources (2022)
- Medicaid Enrollment and Claims Data, Health Care Authority (2022)
- American Community Survey (ACS), U.S. Census Bureau (2021)
- Behavioral Risk Factor Surveillance System (BRFSS), Centers for Disease Control and Prevention (2011-2021)

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**LEARN MORE**

**VIEW THE FULL REPORT**

Kitsap Public Health published a detailed Community Health Assessment in 2023. Scan the code with a smartphone camera to view the full report.

**HAVE QUESTIONS?**

We’d love to provide any answers that we can.

Our office is open from 9 a.m. to 4 p.m. every weekday. Call **360-728-2235**.

Reach us via email at epi@kitsappublichealth.org