

2018 HYS WA State Press Release Kitsap County Comparison

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Data Source: Washington State Department of Health. Office of the Superintendent of Public Instruction. Department of Social and Health Services. Liquor and Cannabis Board. Healthy Youth Survey. (2018).

NOTES: For comparisons in red font, Kitsap is statistically worse than WA; green font, better than WA; purple font, higher or lower than WA; comparisons in yellow are close but not statistically significant. Trend lines in green are statistically significant improvement over time; black is unchanged. 2018 data are a point on the trend graph because we didn't have data for calculation. Kitsap County 2018 Healthy Youth Survey participation rates: 6th grade – 2,005 students (75%), 8th grade – 1,774 students (65%), 10th grade – 2,002 students (72%) and 12th grade – 1,433 students (48%).

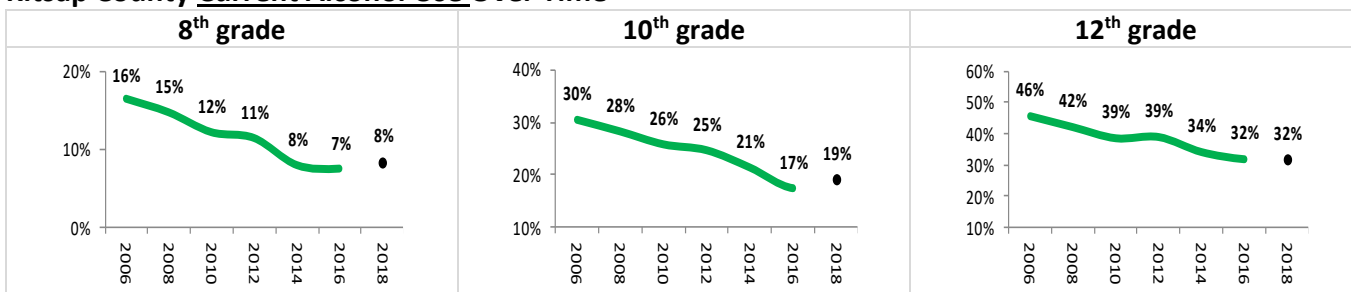
Youth Alcohol Consumption

Current Alcohol Use

Percent of students who report having drunk a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor) in the past 30 days

Grade	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	2.3%	1.6%-3.0%	2.4%	2.0%-2.8%	Same as WA
8 th	8.4%	7.1%-9.7%	8.4%	7.5%-9.3%	Same as WA
10 th	19.1%	17.4%-20.8%	18.5%	16.8%-20.2%	Same as WA
12 th	31.7%	29.2%-34.2%	27.9%	25.5%-30.3%	Worse than WA

Kitsap County Current Alcohol Use Over Time



Current Binge Drinking

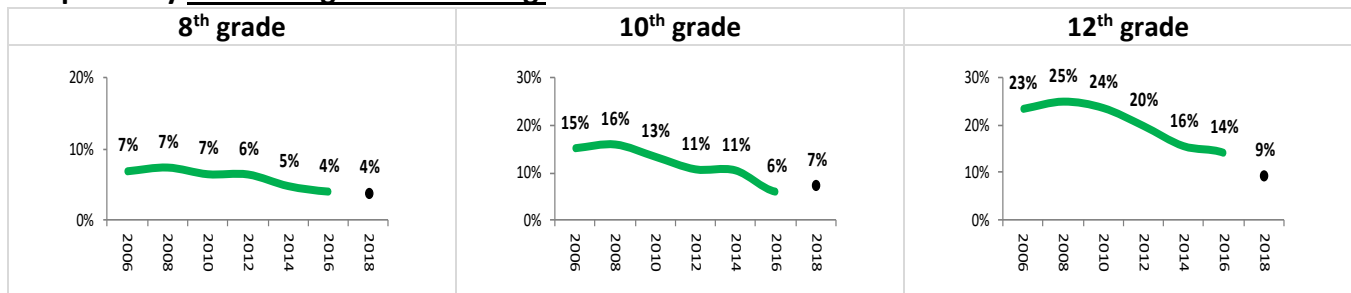
Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

Grade	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	1.5%	1.0%-2.0%	1.9%	1.5%-2.3%	Same as WA
8 th	4.4%	3.4%-5.4%	4.6%	4.0%-5.2%	Same as WA
10 th	9.6%	8.3%-10.9%	9.6%	8.5%-10.7%	Same as WA
12 th	14.1%	12.3%-15.9%	15.2%	13.6%-16.8%	Same as WA

Youth Smoking – Cigarettes & E-cigarettes

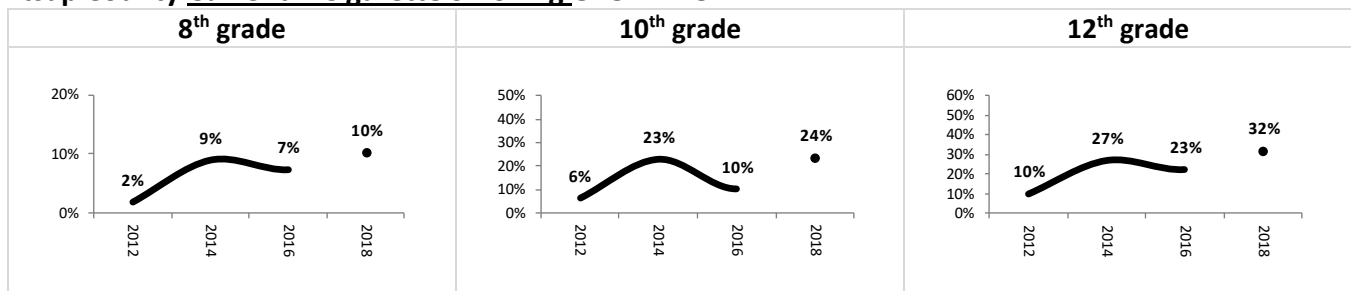
Current Cigarette Smoking					
Percent of students who report smoking cigarettes in the past 30 days					
Grade	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	1.3%	0.8%-1.8%	1.0%	0.7%-1.3%	Same as WA
8 th	3.9%	3.0%-4.8%	2.7%	2.2%-3.2%	Worse than WA
10 th	7.3%	6.1%-8.5%	5.0%	4.3%-5.7%	Worse than WA
12 th	9.4%	7.9%-10.9%	8.0%	6.7%-9.3%	Same as WA

Kitsap County Current Cigarette Smoking Over Time



Current E-Cigarette Smoking or Vaping					
Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days					
Grade	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	3.0%	2.2%-3.8%	3.0%	2.5%-3.5%	Same as WA
8 th	10.3%	8.3%-12.3%	10.5%	9.1%-11.9%	Same as WA
10 th	23.5%	20.8%-26.2%	21.2%	18.5%-23.9%	Same as WA
12 th	32.1%	28.7%-35.5%	29.6%	26.7%-32.5%	Same as WA

Kitsap County Current E-Cigarette Smoking Over Time



Youth Smoking – E-Cigarettes Perceived Risk & Substance Type

How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs or vape pens regularly (almost daily)?						
Grade	Perceived Risk	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	N/A	N/A	N/A	N/A	N/A	N/A
8 th	No risk	8.4%	6.4%-10.4%	9.2%	8.1%-10.3%	Same as WA
	Slight risk	13.4%	11.0%-15.8%	11.2%	9.9%-12.5%	Same as WA
	Moderate risk	28.6%	25.4%-31.8%	25.9%	24.2%-27.6%	Same as WA
	Great risk	39.2%	35.7%-42.7%	42.3%	39.3%-45.3%	Same as WA
	Not sure	10.5%	8.3%-12.7%	11.4%	9.9%-12.9%	Same as WA
10 th	No risk	6.7%	5.0%-8.4%	9.8%	8.4%-11.2%	Less than WA
	Slight risk	14.6%	12.2%-17.0%	16.5%	14.8%-18.2%	Same as WA
	Moderate risk	33.5%	30.4%-36.6%	30.1%	28.4%-31.8%	More than WA
	Great risk	39.0%	35.8%-42.2%	35.1%	32.3%-37.9%	More than WA
	Not sure	6.2%	4.6%-7.8%	8.5%	7.0%-10.0%	Less than WA
12 th	No risk	9.3%	7.1%-11.5%	11.3%	9.6%-13.0%	Same as WA
	Slight risk	19.4%	16.4%-22.4%	19.3%	17.5%-21.1%	Same as WA
	Moderate risk	32.9%	29.3%-36.5%	32.0%	30.1%-33.9%	Same as WA
	Great risk	31.8%	28.2%-35.4%	30.7%	28.5%-32.9%	Same as WA
	Not sure	6.6%	4.7%-8.5%	6.7%	5.5%-7.9%	Same as WA

During the past 30 days, what type of substances did you use in an electronic cigarette, also called e-cigs, or vape pens? Select all that apply.						
Grade	Substance Type	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	N/A	N/A	N/A	N/A	N/A	N/A
8 th	I did not use an electronic cigarette.	88.0%	85.7%-90.3%	85.7%	83.6%-87.8%	Same as WA
	Liquid with nicotine in it.	4.6%	3.1%-6.1%	4.3%	3.5%-5.1%	Same as WA
	Liquid with THC (marijuana) in it.	1.3%	0.5%-2.1%	1.4%	1.0%-1.8%	Same as WA
	Liquid with flavor only.	3.8%	2.4%-5.2%	5.2%	4.2%-6.2%	Same as WA
	Don't know.	0.9%	0.2%-1.6%	1.9%	1.4%-2.4%	Less than WA
	More than one response indicated.	1.3%	0.5%-2.1%	1.4%	1.0%-1.8%	Same as WA
10 th	I did not use an electronic cigarette.	71.8%	68.8%-74.8%	74.1%	71.2%-77.0%	Same as WA
	Liquid with nicotine in it.	14.4%	12.1%-16.7%	11.1%	9.3%-12.9%	More than WA
	Liquid with THC (marijuana) in it.	2.3%	1.3%-3.3%	2.5%	1.8%-3.2%	Same as WA
	Liquid with flavor only.	5.4%	3.9%-6.9%	6.0%	4.8%-7.2%	Same as WA
	Don't know.	2.0%	1.1%-2.9%	2.5%	1.9%-3.1%	Same as WA
	More than one response indicated.	4.2%	2.9%-5.5%	3.8%	2.8%-4.8%	Same as WA
12 th	I did not use an electronic cigarette.	63.0%	59.3%-66.7%	64.4%	61.2%-67.6%	Same as WA
	Liquid with nicotine in it.	20.2%	17.1%-23.3%	16.9%	14.5%-19.3%	More than WA
	Liquid with THC (marijuana) in it.	4.8%	3.2%-6.4%	4.1%	3.0%-5.2%	Same as WA
	Liquid with flavor only.	3.4%	2.0%-4.8%	6.2%	5.1%-7.3%	Less than WA
	Don't know.	2.2%	1.1%-3.3%	2.6%	1.9%-3.3%	Same as WA
	More than one response indicated.	6.5%	4.6%-8.4%	5.7%	4.8%-6.6%	Same as WA

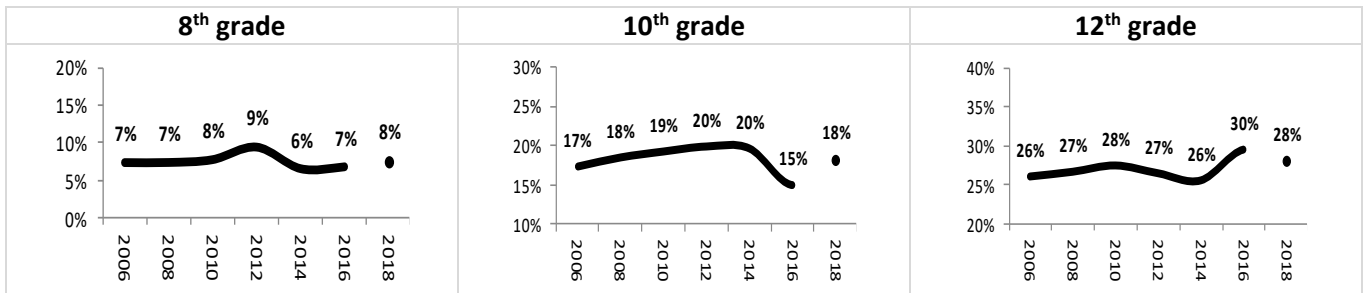
Youth Smoking – Marijuana & Perceived Risk

Current Marijuana Use

Percent of students who report using marijuana in the past 30 days

Grade	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	1.0%	0.6%-1.4%	1.3%	1.0%-1.6%	Same as WA
8 th	7.6%	6.3%-8.9%	7.2%	6.2%-8.2%	Same as WA
10 th	18.3%	16.6%-20.0%	17.9%	16.2%-19.6%	Same as WA
12 th	28.2%	25.8%-30.6%	26.2%	24.0%-28.4%	Same as WA

Kitsap County Current Marijuana Use Over Time



How much do you think people risk harming themselves if they use marijuana regularly (at least once or twice a week)?

Grade	Perceived Risk	Kitsap County	Kitsap CI	WA State	WA State CI	Comparison
6 th	No risk	8.8%	7.5%-10.1%	10.6%	9.3%-11.9%	Less than WA
	Slight risk	8.9%	7.6%-10.2%	9.3%	8.4%-10.2%	Same as WA
	Moderate risk	22.4%	20.5%-24.3%	19.5%	18.4%-20.6%	More than WA
	Great risk	49.0%	46.7%-51.3%	48.8%	46.2%-51.4%	Same as WA
	Not sure	11.0%	9.6%-12.4%	11.9%	10.9%-12.9%	Same as WA
8 th	No risk	11.6%	9.4%-13.8%	9.1%	7.7%-10.5%	More than WA
	Slight risk	15.7%	13.3%-18.1%	13.8%	12.3%-15.3%	Same as WA
	Moderate risk	29.5%	26.4%-32.6%	27.4%	25.6%-29.2%	Same as WA
	Great risk	37.1%	33.8%-40.4%	43.3%	40.1%-46.5%	Less than WA
	Not sure	6.1%	4.5%-7.7%	6.4%	5.5%-7.3%	Same as WA
10 th	No risk	13.9%	11.7%-16.1%	14.0%	12.0%-16.0%	Same as WA
	Slight risk	21.1%	18.5%-23.7%	20.8%	19.2%-22.4%	Same as WA
	Moderate risk	33.1%	30.2%-36.0%	30.1%	28.4%-31.8%	Same as WA
	Great risk	29.2%	26.4%-32.0%	31.1%	28.4%-33.8%	Same as WA
	Not sure	2.6%	1.6%-3.6%	4.0%	3.3%-4.7%	Less than WA
12 th	No risk	17.1%	14.3%-19.9%	18.6%	16.8%-20.4%	Same as WA
	Slight risk	27.7%	24.3%-31.1%	25.5%	23.6%-27.4%	Same as WA
	Moderate risk	30.9%	27.4%-34.4%	27.8%	25.8%-29.8%	Same as WA
	Great risk	21.5%	18.4%-24.6%	24.7%	22.7%-26.7%	Less than WA
	Not sure	2.8%	1.6%-4.0%	3.5%	2.7%-4.3%	Same as WA