



WHAT TO KNOW ABOUT COVID-19 VACCINES



Vaccines are critical tools for protecting our health and preventing the spread of COVID-19. More than 70% of all Kitsap residents have already been vaccinated. Thank you for sharing reliable information!

How do vaccines help?

- Getting vaccinated will help **prevent you from getting sick from COVID-19** and protect you from becoming severely ill or dying if you do get sick.
- Getting vaccinated will make it **safer to visit friends and family** and protect you at your work or school.
- If enough people get vaccinated and continue taking precautions, we can **reduce the spread of COVID-19** and keep our community on the path to recovery.

Who can get vaccinated?

- COVID-19 vaccination is recommended for **everyone ages 5 and older**.
- **Vaccination is available at no cost.** Health insurance is not required.
- Vaccination is available **regardless of citizenship or immigration status**.
- Learn more about vaccination at [cdc.gov/covid19](https://www.cdc.gov/covid19)

What COVID-19 vaccines are available?

Three COVID-19 vaccines are available in the United States. The Food and Drug Administration has fully approved the Pfizer vaccine. The Moderna and Johnson & Johnson vaccines are available under Emergency Use Authorization.

	Pfizer	Moderna	Johnson & Johnson
Doses needed	2 doses	2 doses	1 dose
Minimum age for vaccination	5*	18	18

*A special pediatric Pfizer dose is recommended for children ages 5-11.

After you are fully vaccinated (two doses of Pfizer or Moderna, or one dose of Johnson & Johnson), it will take about two weeks for your body to build up protection against COVID-19.

What is an Emergency Use Authorization?

An Emergency Use Authorization (EUA) is a designation used to ensure medical tools such as vaccines can be made available quickly and safely during an emergency.

COVID-19 vaccines were rigorously tested in clinical trials prior to being granted EUA and recommended for use. No safety steps were skipped. Learn more at [fda.gov](https://www.fda.gov)

What are the side effects?

- Most people **experience mild side effects** after vaccination, such as a sore arm, tiredness, muscle ache, headache, chills, or fever.
- **Severe reactions are rare**, but can occur.
- **Talk to your doctor** if you have questions about your health and getting a COVID-19 vaccine.

How do I get vaccinated?

- **Minors younger than 18** need consent from a parent or guardian to get vaccinated.
- To find a vaccination site in Kitsap County, go to [kcowa.us/vaccine](https://www.kcowa.us/vaccine) or call **1-800-525-0127**.
- Need additional help getting vaccinated in Kitsap? Call **360-728-2219** (**360-728-2218** for Spanish).



LEARN MORE ABOUT COVID-19 VACCINES

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) | [covidvaccinewa.org](https://www.covidvaccinewa.org) | [kcowa.us/vaccine](https://www.kcowa.us/vaccine) | 360-728-2219

Updated 11/30/21