How do vaccines help?

- Getting vaccinated will help **prevent you from getting sick from COVID-19** and protect you from becoming severely ill or dying if you do get sick.
- Getting vaccinated will make it **safer to visit friends and family** and protect you at your work or school.
- If enough people get vaccinated and continue taking precautions, we can **reduce the spread of COVID-19** and keep our community on the path to recovery.

Who can get vaccinated?

- COVID-19 vaccination is recommended for **everyone ages 5 and older**.
- **Vaccination is available at no cost.** Health insurance is not required.
- **Vaccination is available regardless of citizenship or immigration status.**
- Learn more about vaccination at [cdc.gov/covid19](http://cdc.gov/covid19)

### What COVID-19 vaccines are available?

Three COVID-19 vaccines are available in the United States. The Food and Drug Administration has fully approved the Pfizer vaccine. The Moderna and Johnson & Johnson vaccines are available under Emergency Use Authorization.

<table>
<thead>
<tr>
<th>Doses needed</th>
<th>Pfizer</th>
<th>Moderna</th>
<th>Johnson &amp; Johnson</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum age for vaccination</td>
<td>5*</td>
<td>18</td>
<td>18</td>
</tr>
</tbody>
</table>

*A special pediatric Pfizer dose is recommended for children ages 5-11.

**What is an Emergency Use Authorization?**

An Emergency Use Authorization (EUA) is a designation used to ensure medical tools such as vaccines can be made available quickly and safely during an emergency. COVID-19 vaccines were rigorously tested in clinical trials prior to being granted EUA and recommended for use. No safety steps were skipped. Learn more at [fdagov](http://fdagov)

### What are the side effects?

- Most people **experience mild side effects** after vaccination, such as a sore arm, tiredness, muscle ache, headache, chills, or fever.
- **Severe reactions are rare**, but can occur.
- **Talk to your doctor** if you have questions about your health and getting a COVID-19 vaccine.

### How do I get vaccinated?

- **Minors younger than 18** need consent from a parent or guardian to get vaccinated.
- To find a vaccination site in Kitsap County, go to [kcowa.us/vaccine](http://kcowa.us/vaccine) or call 1-800-525-0127.
- Need additional help getting vaccinated in Kitsap? Call 360-728-2219 (360-728-2218 for Spanish).

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**LEARN MORE ABOUT COVID-19 VACCINES**

cdc.gov/coronavirus | covidvaccinewa.org | kcowa.us/vaccine | 360-728-2219