

**KITSAP PUBLIC HEALTH BOARD
MEETING MINUTES
Regular Meeting
November 6, 2018**

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:45 p.m.

REVIEW AND APPROVE AGENDA

There were no changes to the agenda.

BOARD MEETING MINUTES

Commissioner Rob Gelder moved, and Commissioner Charlotte Garrido seconded the motion to approve the minutes for the October 2, 2018, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The November consent agenda included the following contracts:

- 1749 Amendment 5 (1870), *Washington State Department of Health, Consolidated Contract*
- 1848, *Clallam County, Tobacco & Vapor Product Prevention & Control Program and YMPEP*
- 1849, *Jefferson County, Tobacco & Vapor Product Prevention & Control Program and YMPEP*
- 1850, *Kitsap County, Tobacco & Vapor Product Prevention & Control Program and YMPEP*
- 1868, *Kitsap County, Therapeutic Court Tax Programs*
- 1871, *Kitsap County, Nurse Family Partnership*

Commissioner Gelder moved and Mayor Kol Medina seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Registers. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, provided the Board with two updates regarding flu season and the Opioid Summit.

Dr. Turner said the county has experienced a mild flu season so far. There have been two positive flu tests in the last few months. She noted that trends from the last two years show flu season ramping up a week from now. She also noted that point of care testing may be changing the way flu tests are reported because they aren't always sent to lab. She said Health District staff will have to innovate to gather this data moving forward.

She said statewide flu activity is low, although there have been two flu deaths, and two long term care facilities impacted by flu, in Washington.

Next, Dr. Turner gave an update on the Second Annual Olympic Region Opioid Summit. She said almost 300 people attended and that the format allowed enhanced interaction with the audience. She explained that our region's opioid work is a model for other Accountable Communities of Health (ACHs) in the state and that some of the ACHs, along with the Health Care Authority (HCA), Department of Health (DOH) and other state agencies attended the Summit. She also reminded the Board that Olympic Community of Health (OCH) is providing the umbrella and funding for this work in Kitsap, Clallam and Jefferson counties.

Dr. Turner noted some accomplishments and milestones of the Three County Coordinated Opioid Response Project (3CCORP) and its three multi-sector workgroups:

- Passage of Safe Medication Return regulation in Clallam County and participation/support for the statewide legislation.
- Model practices for pain treatment project, funded by OCH, already begun in three practices and 7 more await.
 - We are the first region.
 - Likely to see adoption across the state, amplifying the effect of improving our standard of care.
- Standard of Care for treatment of Opioid Use Disorder (OUD) had been radically modernized, moving the paradigms of Medication Assisted Treatment (MAT) prescribers and OUD services providers (from abstinence-only).
- Coordinated and communicating system of high-quality treatment, where coordination of care is now standard.
- Health Info Exchange being piloted for wide use across region and state—efficiency of services, testing, referrals, lack of duplication in testing and patient inputs.
- Access to MAT has exploded across our region.
 - Wait times less than one week.
 - More than 250 new MAT slots across the region every grant year—Vivitrol & Buprenorphine treatment.
- Washington State Hospital Association (WSHA), Washington State Medical Association (WSMA), and DOH are beginning an automated Overdose (OD) notification pilot in Clallam, then plan to scale up to the whole state.
- National legislators utilize the OCH leaders and 3CCORP organizational partnerships to obtain feedback from our region which informed successful national legislation bringing more resources to our area in the future.
- Finally, data was presented at the Summit demonstrating results of the work:

- Decreased opioid-related death rates across the region.
- Decreased opioid prescribing across the region.
- Increased identification of OUD among opioid users that are covered by Medicaid.
- Increased use of MAT with buprenorphine in Medicaid patients.

Dr. Turner said we still have a long way to go. We still need our county's planned Opioid Treatment Program specialty clinic to open. There are many pieces of the puzzle that are not in place yet, but the 3CCORP is making great strides and shows promise to move the dial.

Commissioner Ed Wolfe said that he recently read that there is a national and local shingle vaccine shortage. He asked why this is. Dr. Turner said she researched this and its hard to tell why there is a shortage. She said that the Centers of Disease Control and Prevention (CDC) may not have accurately predicted the volume of vaccines needed this year.

Commissioner Wolfe asked if it was the same formula as last year? Dr. Turner said this is a new, improved, vaccine and there has been high demand for it since its CDC approval.

Commissioner Wolfe also asked if people who took the old vaccine within the last couple of years would need to take the new one. Dr. Turner confirmed, yes, that is the recommendation.

There was no further comment.

Administrator Update:

Mr. Keith Grellner, Administrator, informed the Board of two documents that were included in the Board packet but won't be discussed in detail at today's meeting.

The first is a memo from Jan Brower, Solid and Hazardous Waste Manager, stating differences between the local and statewide Secure Medicine Return regulations. Currently, the county has 12 current kiosk locations and 4 pending.

Mayor Erickson asked if the kiosk locations are located on the Health District website. Mr. Grellner confirmed that they are.

Mayor Medina commented that a concerned citizen in Bainbridge Island recently emailed the Bainbridge City Council saying that people should not be turning in medication in case there is an emergency and those medications are needed.

Mr. Grellner explained that the Health District has received a few similar comments from a citizen. The Health District informed the citizen that there is no law requiring citizens to turn in their old medication. The kiosks exist as an option for people who choose to drop off their medication for the safety of children and visitors to their homes.

The second document included in the packet was a copy the Health District's response to a complaint received regarding the Food and Living Environment program. The letter is included

for information only and the Health District considers the complaint closed for now. If the complainant contacts the Health District again, the issue will be re-opened.

Commissioner Gelder said he appreciates the follow up on the complaint. Mr. Grellner said the Health District takes complaints very seriously and that John Kiess, Environmental Health Director, and Jim Zimny, Assistant Environmental Health Director, followed up on it immediately.

Next, Mr. Grellner informed the board the recently the European Union voted on a complete ban of single-use plastic items. He reminded the Board that earlier this year they passed a resolution supporting their own jurisdictions implementing a single-use bag ban, should they choose to pursue an ordinance. He said this news could be useful for Board members to take back to their jurisdictions for discussion.

Next, Mr. Grellner reminded the Board that there is a Finance Committee meeting scheduled for Thursday, November 8th. He said that if Committee doesn't feel the need to meet, to let him know. He said the Health District has improved its deficit (from approximately \$288 thousand to approximately \$185 thousand) since the September draft of the 2019 Budget.

Mayor Erickson said she doesn't think another Finance Committee meeting is needed.

Mr. Grellner reminded the Board that the Finance Committee members are Mayors Erickson and Wheeler, and Commissioner Garrido.

Lastly, Mr. Grellner informed the Board that the Health District will close on Monday, December 24th for Christmas Eve. All staff will be required to use general leave or leave without pay for the day and clarified that December 24th will not be a paid holiday. He said managers are working with newer staff to help them accrue enough leave or flex hours to accommodate the day off. Mr. Grellner added that historically, the Health District has had little to no traffic on Monday's that fall before a Tuesday holiday. He said the duty officer system will still be active and that he and Dr. Turner will both be available by phone.

Mayor Erickson said the City of Poulsbo is closing that day also.

There was no further comment.

2019 LEGISLATIVE AND RULEMAKING PRIORITIES FOR KITSAP PUBLIC HEALTH DISTRICT

Mr. Grellner approached the Board regarding the 2019 Legislative and Rulemaking Priorities for Kitsap Public Health District.

Mr. Grellner said the proposed legislative priorities are almost identical to last years. He summarized the priorities for the Board.

Commissioner Gelder asked if the Washington State Association of Local Public Health Organizations (WSALPHO) noted a dollar amount for the Foundational Public Health Services, and if so, asked if it should this be noted in the priority. Mr. Grellner said the number is not yet finalized but is estimated at \$300 million for the biennium to be focused on a few main program areas: communicable disease, environmental health, assessment and epidemiology, and foundational or supporting capabilities (i.e. administration, legal assistance, etc.). The statewide organization submitted a package to the Governor and is hoping he will support FPHS with his budget, which is usually released in December. Mr. Grellner said he could add the dollar amount to the line in the legislative priorities.

Commissioner Gelder said it would be helpful to state what is requested. Mr. Grellner said he will add that in and bring it back to the Board in December.

Commissioner Gelder recommended the Health District add cities to the property tax priority. Mr. Grellner said he will add it.

Commissioner Gelder asked a question regarding the legislative priority opposing individuals serving and selling potentially hazardous foods made in home kitchens. He said if there were appropriate safeguards in place for that operation, how is that different than a restaurant? Mr. Grellner explained that there are standards in existing state rules that would allow individuals to prepare potentially hazardous foods for commercial sale, but it must be prepared in a separate kitchen that is not a residential kitchen. He said that kitchens tend to be meeting rooms for families, pets, babies, etc., and create risk to the safe preparation of food. He also said that there are examples in Kitsap county of residences with separate commercial kitchen on the property. He further explained that, with inspections that only happen once or twice a year, it's hard to regulate residential kitchens.

Commissioner Gelder commented that it is cost prohibitive for a small home business to need to develop a second kitchen. Mr. Grellner said individuals can prepare and sell non-hazardous foods in their home kitchen. However, he said from a public health standpoint, it is not safe for individuals to prepare potentially hazardous foods in a residential kitchen for commercial sale. He added that it also undermines commercial facilities that abide by the regulations. He also said that this issue will continue to be revisited at the state level.

Mr. Grellner said he will make the requested changes to the legislative priorities and bring it back to the Board in December.

Commissioner Gelder said the the changes requested by the Board are not substantive and that the Board could pass it with those expected changes. The Board agreed.

Commissioner Wolfe moved and Commissioner Garrido seconded the motion to approve the 2019 Legislative and Rulemaking Priorities for Kitsap Public Health District with the recommended changes to the priorities regarding Foundational Public Health Services and property taxes. The motion was approved unanimously.

Mr. Grellner said he would send the revised version to the Board.

There was no further comment.

**EXECUTIVE SESSION: PURSUANT TO RCW 42.30.140(4)(b), DISCUSSION
RELATED TO COLLECTIVE BARGAINING**

At 2:20 p.m. Mayor Erickson announced that the Board would recess for both executive sessions. She said there would be no additional business and the regular meeting would adjourn immediately following the executive sessions.

The executive session ended at 2:45 p.m.

**EXECUTIVE SESSION: PURSUANT TO RCW 42.30.110(1)(g), DISCUSSION
RELATED TO COLLEPERFORMANCE REVIEW OF A PUBLIC EMPLOYEE**

The Board immediately continued to the second executive session at 2:45 p.m.

The executive session closed at 3:00 p.m.

ADJOURN

There was no further business; the meeting adjourned at 3:00 p.m.



Becky Erickson
Kitsap Public Health Board



Keith Grellner
Administrator

Board Members Present: *Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Kol Medina; Mayor Rob Putaansuu; Mayor Greg Wheeler; Commissioner Ed Wolfe.*

Board Members Absent: *None.*

Community Members Present: *Monte Levine, Peoples Harm Reduction Alliance; Rod Younker, Summit Law Group.*

Staff Present: *Angie Berger, Administrative Assistant, Administration; Keith Grellner, Administrator; Karen Holt, Program Manager, Human Resources; John Kiess, Director, Environmental Health Division; Melissa Laird, Program Manager, Accounting and Finance; Susan Turner, MD, Health Officer.*