

**KITSAP PUBLIC HEALTH BOARD
MEETING MINUTES
Regular Meeting
July 3, 2018**

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:45 p.m.

REVIEW AND APPROVE AGENDA

There were no changes to the agenda.

BOARD MEETING MINUTES

Commissioner Rob Gelder moved and Mayor Rob Putaansuu seconded the motion to approve the minutes for the June 5, 2018, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The July consent agenda included the following contracts:

- 1511 Amendment 1 (1830), *Clallam, Jefferson, Kitsap and Mason Counties, Hood Canal Regional Septic Loan Program*
- 1749 Amendment 3 (1833), *Washington State Department of Health, Consolidated Contract*

Mayor Putaansuu moved and Commissioner Gelder seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Registers. The motion was approved unanimously.

PUBLIC COMMENT

Mayor Erickson noted that there will be time for public testimony regarding Resolution 2018-04, Approving Environmental Health Service Fees, later in the session. She asked if there were any public comments related to things other than water supply. Commissioner Gelder clarified that the verbal and written testimony for Ordinance 2018-01, Drinking Water Supply Regulations was closed.

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, provided the Board with two updates.

First, Dr. Turner said that, as of May, flu season is officially over. She noted that the Health District would continue surveillance and produce respiratory illness reports monthly during the summer (versus weekly during the winter). Additionally, Dr. Turner said the Health District epidemiology team will produce an annual summary report comparing this flu season year to previous years.

Next, Dr. Turner informed the board that the Northwest Family Medicine Residency is open and operating. She said the residency program has eight new residents. She said Health District staff provided presentations on public health issues to the residents on their first day. She said Dr. Mike Watson, the program director, was present at today's Board meeting.

There was no further comment.

Administrator Update:

Mr. Keith Grellner, Administrator, reminded the Board that there is no Health Board meeting in August. He said the next meeting is Tuesday, September 4th, the day after Labor Day weekend. He said Health District staff would follow up with the Board to remind them of the September Board meeting. He said the September Board agenda will include a presentation on the safe syringe exchange program by Katie Eilers as well as an executive session with the Health District's labor law attorney to begin discussion on the 2019 union negotiations.

Mr. Grellner said that, due to there being no August meeting, he will likely need to work with Chair Erickson to approve contracts that come in prior to the September consent agenda, per Board bylaws. He noted that any items approved by Mayor Erickson will be brought back to the Board for affirmation in September.

Lastly, Mr. Grellner noted that, with the arrival of budget season, he will be meeting with each of the jurisdictions in the near future to make funding requests. The Health District's budget presentation to the County Board of Commissioners is in September. He also reminded the Board that there are three finance committee meetings scheduled and that the members are Mayor Erickson, Commissioner Charlotte Garrido, and Mayor Greg Wheeler. He said the tentative dates set for the finance committee meetings are September 25th, October 18th, and November 8th, 2018.

Commissioner Gelder asked if the syringe exchange presentation planned for September was the same one that had been deferred from the June agenda. Mr. Grellner confirmed this.

There was no further comment.

**PUBLIC HEARING CONTINUED FOR DECISION ONLY, REGARDING
ORDINANCE 2018-01, DRINKING WATER SUPPLY REGULATIONS**

Mayor Erickson informed the Board that two of the County Commissioners were not in attendance at today's meeting. Mayor Erickson said that, since most of the group B wells are located in the county and very few are in the city limits, she felt that it would not be appropriate to take action without all the Commissioners. She asked the Board for a motion to move the hearing to the September Board meeting.

Mayor Wheeler moved and Commissioner Gelder seconded the motion to postpone the hearing regarding ordinance 2018-01, Drinking Water Supply Regulations, to the September 4th regular

meeting. Mayor Kol Medina said that he supports the motion, though he would be comfortable voting today, he understands the reasoning for postponing. The motion was approved unanimously.

There was no further comment.

PUBLIC HEARING: RESOLUTION 2018-04, APPROVING AMENDED ENVIRONMENTAL HEALTH SERVICE FEES

Mayor Erickson said she would welcome another motion to postpone this hearing until September because it is dependent on the passing of Ordinance 2018-01.

Mayor Medina moved and Mayor Putaansuu seconded the motion to postpone the public hearing regarding Resolution 2018-04, Approving Amended Environmental Health Service fees to the September 4th regular meeting.

Commissioner Gelder noted the written record continued to be open for one week after the June Board meeting. Commissioner Gelder asked Mr. John Kiess, Environmental Health Director, to provide an update on the comments received during that time, including a response to Mr. Overfield's suggestions.

Mr. Kiess said seven new comments were received, many of which were similar to the original set of comments. The comments questioned why there is a fee and why is it being charged to every system, not just to non-compliant systems. Mr. Kiess explained that the answers remain the same: the fee is a basic administrative fee which applies to all systems, not just those that are in or out of compliance. He also noted that those comments were added to an updated summary, which can be found on the Health District website.

Mr. Grellner added that Mr. Overfield's suggestion was something the Health District has considered over the last two years, however the Health District is not ready to propose those changes at this time. He said, due to Board recommendation, the Health District has pared the program back significantly. Because of this, Mr. Grellner doesn't believe the Health District could, at this time, provide a sustainable program in the way that Mr. Overfield suggested. However, he said once the Health District can get more systems compliant, it's possible the Health District may be able to implement Mr. Overfield's suggestions, such as reduced or no fees for systems doing an outstanding job and higher fees for systems that are not compliant.

Mayor Erickson asked Mr. Grellner to write a paragraph reiterating the above statement and bring it to the Board at the September 4th Board meeting, along with the updated comments summary. Mr. Grellner and Mr. Kiess agreed.

Mayor Erickson thanked the Board again for postponing the two public hearings until all of the County Commissioners can be present.

There was no further comment.

RESOLUTION 2018-05, SUPPORTING POLICIES TO REDUCE SOLID WASTE AND LITTER FROM SINGLE-USE SHOPPING BAGS BY PROMOTING THE USE OF REUSABLE BAGS

Mr. Grellner informed the Board that the City of Bainbridge Island adopted an ordinance in 2012 that regulates the distribution of single-use plastic and biodegradable carryout bags to discourage their use and encourage the use of reusable bags. Recently, Kitsap County and the City of Port Orchard have also considered adopting some type of code to reduce the use of single-use bags. At least 17 other jurisdictions in Washington state have also adopted local codes addressing single-use bags, as well as many other jurisdictions throughout the United States. Mr. Grellner also noted he recently learned that the entire country of Australia adopted a single-use bag ban.

Mr. Grellner said the intent of the draft resolution is to support, from a public health perspective, all the local Health Board member jurisdictions that wish to take a more direct role to reduce solid waste and litter by reducing the public's reliance on single-use bags (plastic and paper) and promoting reusable bags.

Mayor Medina commented that he supports the resolution. He also said that when this was first discussed by the Bainbridge City Council, council members and some citizens had big concerns, however, now that it has been in place for a while, it's going very well.

Mayor Erickson said the City of Poulsbo will be looking closely at a single-use bag ban in the next few months.

Mayor Wheeler said he is supportive and asked what options there might be for folks who don't have easy access to washing machines to clean their bags. Mr. Grellner said hand washing will remove majority of contaminants. He also said he has seen many different ordinances with options, such as a small fee to purchase or receive a paper bag, and he described the different types of bags that can be used.

Mayor Wheeler asked when a deeper discussion might occur. Commissioner Gelder said he believes this resolution shows support of the Health Board to each jurisdiction in their own policies and that a deeper dive would occur as each jurisdiction drafts their own policies.

Mayor Wheeler asked if the Health District wished to approve a resolution at this meeting. Mr. Grellner confirmed and said the Health District is ready when the Board is ready. Mr. Grellner added that the resolution was written in a way that is supportive but doesn't instruct the jurisdictions on how to implement their own policies.

Mayor Putaansuu said that when the City of Port Orchard held a town hall to discuss this, nobody argued that plastic is good for the environment. He said it's important to hear how everyone would like the policy to be implemented and he thinks that each jurisdiction will have slightly different policies. He said people were generally opposed to a surcharge, but that is for each jurisdiction to figure out. Additionally, he said he plans to support to resolution and said it

would make a powerful statement for Kitsap County to be the first to implement a countywide bag ban.

Mayor Wheeler said if the Health District strongly supports the single-use bag ban and believes it is protective of public health, he will support the resolution.

Commissioner Gelder moved and Mayor Medina seconded the motion to approve Resolution 2018-05, Supporting Policies to Reduce Solid Waste and Litter from Single-Use Shopping Bags by Promoting the Use of Reusable Bags. The motion was approved unanimously.

Mr. Grellner said Health District staff will send a signed copy of the resolution to each jurisdiction to be used as needed. He said if any of the jurisdictions could use assistance during their proposals of a bag ban ordinance, a Health District staff member will attend their meetings.

OPIOID UPDATE PRESENTATION

Dr. Turner provided the Board with an update on the opioid crisis and opioid use disorder in Kitsap and nearby counties, at the Board's request. She said the presentation was based on the work she was doing in the region, and that she also invited some other important partners to answer any additional questions the Board might have. She introduced Sheriff Gary Simpson; Doug Washburn, Director, Kitsap County Human Services; Dr. Lisa Rey Thomas, Olympic Community of Health (OCH) Director of Community and Tribal Partnership; Dr. Mike Watson, Director, Northwest Family Medicine Residency; and Anderson Edgerton, Administrator, Salish Behavioral Health Organization.

Opioid addiction is a very serious and growing problem, and its consequences seem to have touched every sector of Kitsap's many various communities. In response to the growing opioid crises, the Accountable Community of Health for Kitsap, Jefferson and Clallam Counties --- the Olympic Community of Health (OCH) --- has established the Three County Coordinated Opioid Response (3CCORP), modeled after the Washington State Opioid Response Plan.

A Steering Committee for 3CCORP was established in the fall of 2016; Dr. Turner is on this committee as well as the Misuse Prevention Workgroup and the Opioid Use Disorder Treatment Workgroup. A three-county Opioid Summit was held in January 2017 in Kingston. The 3CCORP Steering Committee and three accompanying workgroups (the two mentioned above and Opioid Overdose Prevention) have continued to meet over the past year, bringing together many sectors of our community from the three-county area, to create a unified collective impact effort to prevent addiction, improve access to evidence-based treatment, and prevent opioid overdoses.

A few key notes from the presentation include:

- Medication Assisted Therapy (MAT) treatment reduces risk of overdose death by half compared to mental health treatment alone.
 - Mayor Erickson asked how long Vivitrol has been on the market. She said she knows this is a newer medication and noted that when there was talk of

Methadone being used in Bremerton, suboxone and vivitrol were not available.
Dr. Turner said she knows suboxone was available but wasn't readily used here.

- An Opioid Abuse Treatment center would likely see a more complicated diagnosis of opioid abuse, much like diabetes.
- Federal law changed in 2002 for practices to allow suboxone in practice.
- OCH is playing the role of the backbone organization in this model, similar to the collective impact model.
- Many of the Health District roles in the opioid crisis relate to the Foundational Public Health Services (FPHS).
 - Mr. Grellner emphasized that there are a lot of things that are classified as public health issues, but that doesn't necessarily make it the sole responsibility of a public health agency to solve the issue. He noted there are many other agencies that are directly responsible for this work and have more expertise in this issue.
- A second Opioid Summit is planned for October 17, 2018.
- Law enforcement officers have saved seven lives since carrying Naloxone on calls.
- State legislators have asked the 3CCORP group to advise them on the needs of our region, some of which have already been added to upcoming state legislation.
- Sustainable funding for cross-community models, like the 3CCORP, is needed.

Mayor Erickson asked Dr. Turner, if she could ask for anything, what is the number one need she would want addressed. Dr. Turner said, she would want to build capacity so that those who need opioid treatment therapy in Kitsap County can get it. She said there are not enough trained Substance Abuse Treatment providers in the county.

Commissioner Gelder asked Dr. Turner to which data source she had mentioned earlier in the presentation that provided good data through 2017. Dr. Turner said she will send a link to the Board.

Mayor Wheeler asked Dr. Turner to clarify if our county is low in overdose deaths in comparison to other counties in the state. Dr. Turner said Kitsap is low only compared to the state average. Mayor Wheeler said he has heard that the highest risk for overdose death are in people who go off the drug for a long time and then go back to original dosage. Dr. Turner agreed and said many studies have identified this as a very high-risk time period in users due to loss of tolerance during detoxification. Additionally, she said her other wish would be that people who are incarcerated have access to treatment and are automatically enrolled in treatment as they leave jail.

There was no further comment.

ADJOURN

There was no further business; the meeting adjourned at 2:55 p.m.



Becky Erickson
Kitsap Public Health Board



Keith Grellner
Administrator

Board Members Present: *Mayor* Becky Erickson; *Commissioner* Rob Gelder; *Mayor* Kol Medina; *Mayor* Rob Putaansuu; *Mayor* Greg Wheeler.

Board Members Absent: *Commissioner* Charlotte Garrido; *Commissioner* Ed Wolfe.

Community Members Present: Shirlee Clarke, *League of Women Voters – Kitsap*; Betsy Cooper, *League of Women Voters – Kitsap*; Susan Daniel, *League of Women Voters – Kitsap*; Anders Edgerton, *Salish Behavioral Health Organization*; David Ellingson, *Self*; Rhonda Fairgrieve, *League of Women Voters – Kitsap*; Glenn Jurges, *Enetai Water System*; Wendy McClure, *Kindle Ridge Water System*; Gary Simpson, *Kitsap County Sheriff*; Lisa Rey Thomas, *Olympic Community of Health*; Doug Washburn, *Kitsap County Human Services*; Michael Watson, M.D., *Northwest Family Medical Residency*.

Staff Present: Amy Anderson, *Public Health Educator, Public Health Emergency Preparedness and Response*; Angie Berger, *Administrative Assistant, Administration*; Karen Boysen-Knapp, *Community Liaison, Chronic Disease Prevention*; Yolanda Fong, *Assistant Director, Community Health Division*; Lauren Funk, *Disease Intervention Specialist, Communicable Disease*; Keith Grellner, *Administrator*; Karen Holt, *Program Manager, Human Resources*; Dayna Katula, *Manager, Food and Living Environment*; John Kiess, *Director, Environmental Health Division*; Megan Moore, *Community Liaison, Chronic Disease Prevention*; Susan Turner, M.D., *Health Officer, Administration*.