

KITSAP PUBLIC HEALTH BOARD

Regular Meeting
September 1, 2015

The meeting was called to order by Board Chair Commissioner Robert Gelder at 1:45 p.m.

MINUTES

Mayor Becky Erickson moved and Commissioner Charlotte Garrido seconded the motion to approve the minutes for the July 7, 2015, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The contracts on the consent agenda included:

- 1435, Washington State Department of Ecology, *Local Source Control*
- 1354, Amendment 1, Browning Solutions, *Olympic Community of Health Project Management**
- 1163, Washington State Department of Ecology, *Site Hazard Assessment, (Extends the end date of the grant from 06/30/2015 to 09/30/2015)*
- 1163, Washington State Department of Ecology, *Site Hazard Assessment (Re-allocates costs within the budget without a change in total dollar amount)*

The contract with an “*” was reviewed and verbally approved for signature by Commissioner Rob Gelder (Board Chair) and Mayor Becky Erickson (Board Vice-Chair) on September 1, 2015, after the September 1st Kitsap Public Health Board meeting. It was included on the Board Consent Agenda to be affirmed by the Board at the September 1, 2015 Board meeting. Mayor Erickson moved and Mayor Patty Lent seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Register. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Dr. Susan Turner, Health Officer, provided a Health Officer report in the Board packet. She focused her comments to the Board on what she learned at the National Association of County and City Health Officials (NACCHO) annual conference in July. Dr. Turner stated that across the nation, medicine and public health are undergoing a huge amount of change, with an ever increasing focus on population health and prevention. The new public health requires new skills, a different focus, and a necessity to partner with novel partners to bring funds and attention to social determinants of health. New challenges still include communicable disease control and disaster preparedness.

Dr. Turner mentioned that opiate addiction and overdose represent a nationwide epidemic. The Washington State Department of Health (DOH) is partnered with other agencies across the state to form an unintentional injury and poisoning workgroup. Public health has a large role in this

epidemic; including the prevention of addiction, advocacy for drug courts, promoting evidenced-based treatment access and overdose treatment.

Dr. Turner shared a story discussed at the conference of how an HIV outbreak in a small Indiana community flew under the radar of an under-resourced health department. The community experienced a situation where one person shared needles with 20 people that in turn, infected over 100 people. She said the story reflects the danger of not adequately funding public health. Overall resources are becoming limited and the infrastructure of public health is being threatened, yet only public health can detect and control an outbreak --- and public health can only do it with adequate resources and a strong community network.

Mayor Lent shared that the PBS series *Frontline* is doing a special episode on addiction and it will be broadcast nationally in February, 2016. Dr. Turner clarified for the Board that heroin is an opiate, and although opiate overdose is on the rise in Kitsap County, non-heroin opiate drug use causes the majority of drug overdose deaths.

Mr. Scott Daniels, Administrator, reported that the District worked with the Washington State Auditor's Office to complete the District's 2014 State Audit. There were no deficiencies or material weaknesses, and no findings. The District will forward the final audit report to the Board when it is received.

Mr. Daniels invited the Board to attend the Kitsap Community Health Priorities (KCHP) Annual Summit on Monday, October 26, from 10:00 a.m. -12:00 p.m. A luncheon with the Governor's wife, First Lady Trudi Inslee, will follow the morning meeting.

FINANCE COMMITTEE REPORT

Mayor Lent provided the August 6, 2015, Finance Committee update. Two major issues were discussed. The first was the issue of:

Board approval of State Master Contract purchases exceeding \$50,000. Mayor Lent stated that the Board approves all District contracts of \$50,000 and higher, but doesn't currently approve purchase orders exceeding \$50,000 off the State Master Contract because there is no District contract, only a purchase order. She said there is no legal requirement for the Board to approve contracts or purchase orders, and she stated that District purchase orders in excess of \$50,000 are infrequent, only two in the last two years.

The Finance Committee recommended that the Board not review and approve purchase orders using the State Master Contract, but that they be informed by the District Administrator at the next regular Board meeting if such a purchase does occur.

The second issue discussed was flexible funding to the District from the County and the Cities. Mayor Lent stated that no funding formula exists to allocate contributions by Board members to the District, and no formal written agreement exists for Board members to contribute to the

District's mortgage for space in the Norm Dicks Government Center. The District outlined four potential funding approaches for the 2016 budget:

- 1) Funding formula options
- 2) Incremental annual increases
- 3) Program-specific funding requests
- 4) Status quo

Based on Board consensus in 2002, Board contributions to the District's mortgage equal 20% of the cost.

The recommendation from the Finance Committee was to schedule a full Board work study session to discuss the funding issues and to explore funding based on District activities and service conducted in each jurisdiction. Because the District and Board cannot resolve the issues in time for the 2016 budget, it is requesting a 5% increase in 2016. Each jurisdiction was asked to consider a 5% increase when preparing their 2016 budget.

Lastly, the committee recommends the development a formal agreement for contributions to the Districts mortgage costs. The full Board work study session is targeted for early 2016 with the goal of having a funding plan implemented in time for the 2017 budget.

POLICY COMMITTEE REPORT

Mayor Erickson presented the July 14, 2015, Policy Committee meeting update. Five topics were discussed. The first two items regarded the Health Officer's ability to have standing orders for two different prescriptions, Epinephrine and Naloxone. Through the recommendation of the Office of State Public Instruction (OSPI) and the District's legal counsel, the recommendation from the Policy Committee was to support the Health Officer's decision not to have a Health Officer standing order to provide Epinephrine to students at the Bremerton School District. The Committee also supported the Health Officer's decision not to have standing orders of Naloxone issued through the District's Health Officer.

The Policy Committee also discussed the issue of implementing a Board-approved electronic cigarette ordinance. The Committee requested additional information on this ordinance and asked to meet again as a Committee in September to finalize recommendations to the full Board on the ordinance and the public involvement process plan.

Also discussed were the State School and Health Safety Rules. These address the District's mandate to inspect school buildings. The Policy Committee supported the District's recommendation to meet with the school superintendents to discuss implementation of the school safety inspection laws over the upcoming year.

The final topic discussed was the issue of pollution of Puget Sound, and Kitsap shorelines, by coal or oil train accidents on the East side of Puget Sound. The Policy Committee requested

discussion by the full Board about whether a resolution is desired. Given other priorities, the Board agreed to revisit this issue at a later date.

Mr. Keith Grellner, Director, Environmental Health Division, clarified that there is already a state law that prohibiting the sale or giving of vapor products to minors, RCW 26.28.080. He explained that the District is compiling a regulatory matrix of all the different regulatory aspects of both the state law, and local health jurisdiction (LHJ) laws in Washington State that have already been adopted. The matrix will be presented at the next Policy Committee meeting. Also, the District is in process of finalizing a regulatory continuum document listing the different ways that the Board could address vaping, e-cigarettes, and unregulated nicotine distribution products. There are a wide variety of different approaches that the local public health jurisdictions have taken in absence of state leadership.

COMMUNITY ACTION REGARDING SUICIDES IN KITSAP COUNTY

Dr. Turner introduced Ms. Maurie Louis, Chair of the Kitsap Community Suicide Prevention Coalition. Ms. Louis is from the League of Women Voters of Kitsap which started the Suicide Prevention Program. She presented data provided from the County Coroner that compared the suicide numbers in Kitsap County for 2014 and 2015. Ms. Louis stated that Washington State will be releasing a suicide prevention plan in November 2015 that addresses all age groups and identifies evidenced-based programs to prevent suicide. The Coalition's mission is to reduce the number of suicides and suicide attempts across Kitsap County. The major objective is to raise the awareness of suicide by designing a message that will resonate with potential victims of suicide. The Coalition started two efforts to meet the objective: broadly distribute bookmarks designed by the Crisis Clinic, and conduct a suicide prevention youth poster contest that includes the slogan, "Ask, Listen, and Act". The winning poster will be distributed throughout Kitsap County.

Ms. Kelly Schwab, Program Manager for the Crisis Clinic of the Peninsula, next addressed the Board on this issue. She explained that the reason Kitsap County has a rate of suicide that is higher than the state average is possibly because Kitsap County has a number of suicide risk factors: rural county with higher gun ownership, large veteran population, and large economic inequities.

Dr. Turner introduced Mr. Doug Washburn, Director of the Kitsap County Department of Human Services (KCDHS). Mr. Washburn provided a handout and reviewed the programs and activities currently funded to support suicide prevention. He explained that a Citizen Advisory Board sets priorities annually to determine where the County "One-Tenth of One Percent" sales tax funding is directed. Collaboration with community programs are vital. Healthy Start Kitsap provides a Nurse Family Partnership Program that screens all clients for suicide when they are in the home with individuals, and the Adverse Childhood Experiences (ACEs) program provides a link to vital data. Also, there are contracts with Olympic Educational School District (OESD) to provide training to peers and parents, and with the Bremerton Police Department to provide suicide prevention education.

Ms. Kristin Schutte, Director, Student Services Center, OESD 114, presented a handout that explained the suicide prevention efforts underway. The program is about increasing awareness. Counselors, teachers, parents and peers are trained from the Network of Life curriculum developed by the State, assuring consistency in the work. The target population is primarily elementary and high schools in Jefferson, Clallam, Kitsap, and North Mason Counties.

The County Coroner, Dr. Greg Sandstrom, stated that suicides in Kitsap County average about 27 per year; however, numbers have surpassed that already this year. He stated that educating youth is a good place to start, although the highest suicide rate is in the 45-60 age group. He stated that suicide and drug abuse appear to go hand-in-hand.

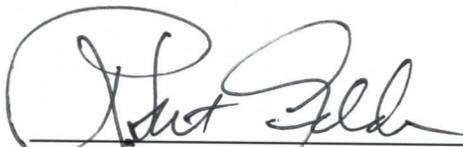
The Board provided brief comments and thanked the Coalition for shining a spotlight on the issue.

PUBLIC HEALTH ACCREDITATION BOARD (PHAB) ACCREDITATION

Commissioner Gelder stated that the goal of PHAB accreditation is to improve and protect the health of the public by advancing performance in all health departments and districts across the United States. An accreditation helps agencies assess their strengths and areas for improvement so they can continue to improve their quality of services. He stated it is a tremendous achievement for Kitsap Public Health District. Only 78 out of 2,800 departments nationwide have demonstrated this high level of performance. Commissioner Gelder acknowledged the entire PHAB team, and presented the Public Health Accreditation Board plaque to Mr. Daniels. Team members acknowledged included (in alphabetical order): Karen Bevers, Dana Brainerd, Scott Daniels, Kerry Dobbelaere, Katie Eilers, Kathy Greco, Keith Grellner, Jessica Guidry, Judy Holt, Karen Holt, Leslie Hopkins, Tracey Kellogg (PHAB Team Leader), Siri Kushner, Ed North, Suzanne Plemmons, and Susan Turner.

ADJOURN

There was no further business; the meeting was adjourned at 3:00 p.m.



Robert Gelder, Chair
Kitsap Public Health Board



Scott Daniels
Administrator

Board Members Present: *Council Member Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Tim Matthes; Commissioner Edward Wolfe.*

Staff Present: Scott Daniels, *Administrator*; Susan Turner, *Health Officer*, Kathy Greco, *Confidential Secretary, Administration*; Karen Holt, *Manager, Human Resources*; Siri Kushner, *Epidemiologist, Assessment*; Nicola Marsden-Haug, *Epidemiologist, Assessment*; Suzanne Plemmons, *Director, Community Health Division*; Katie Eilers, *Assistant Director, Community Health Division*; Lori Werdall, *Secretary, Support Services*; Yolanda Fong, *Public Health Nurse Supervisor, Chronic Disease Prevention*; Dana Bierman, *Community Liaison, Chronic Disease Prevention*; Tracey Kellogg, *Finance Manager*; Keith Grellner, *Director, Environmental Health Division*; Akiko Miller, *Public Health Nurse, Clinical Services*.

Public Present: Monte Levine, *self*; Gay Neal, *Kitsap County Human Services*; Laura Hyde, *Kitsap County Human Services*; Anna Moore, *Harrison Medical Center*; Shirley Swanson, *US Navy Spouse*; John Swanson, *US Navy Chaplin*; Jeff Horn, *Bainbridge Island Police Department*; Toby Bingham, *PRSN*; Don Fields, *Kitsap Mental Health Services*; Jodi Hultquist, *Boys and Girls Clubs*; Greg Sandstrom, *Kitsap County Coroner*; Pam Homa, *League of Women Voters Kitsap*; Kristin Schutte, *Olympic Educational Services District 114*; Nysu Rutter, *Olympic Educational Services District 114*; Trevon Ziemba, *Bainbridge Island Police Department*; Tim Garrity, *Bremerton Police Department*; Helen Hoover, *League of Women Voters Kitsap*.