

# **KITSAP PUBLIC HEALTH BOARD**

## **Regular Meeting**

**March 4, 2014**

The meeting was called to order by Board Chair, Mayor Patty Lent, at 11:20 a.m.

### **MINUTES**

Commissioner Charlotte Garrido moved and Mayor Becky Erickson seconded a motion to approve the minutes for the February 4, 2014, regular meeting. The motion was approved unanimously.

### **CONSENT AGENDA**

The contracts on the consent agenda included:

- Contract 1240: Kitsap Conservation District, Port Orchard Passage Restoration Project Phase 2

Commissioner Rob Gelder moved and Mayor Erickson and Tim Matthes seconded a motion to approve the consent agenda, including the contracts update and warrant and Electronic Funds Transfer register. The motion was approved unanimously.

### **PUBLIC COMMENT**

Board Chair Lent invited members of the audience to come forward if they wished to speak to the Board regarding the onsite sewage Ultraviolet (UV) light waiver, the resolution regarding public sharps containers, or any other topic. Dave Ghylin of Dave's Septic spoke in support of both onsite sewage UV waivers presented today and thanked Health District staff in taking this step on behalf of his industry. Eric Knopf, representing Indigo Design, spoke in support of both onsite sewage system waivers being presented today. Knopf explained that he supports the waivers, because the use of UV disinfection units as part of the design protocol for septic systems has been proven to be ineffective; additionally the units frequently fail; and finally, they can be a fire hazard. Ron Levy, representing himself, presented his experience as a homeowner with a UV system installed in the onsite sewage system which had failed. Levy explained that he was not required to replace the UV unit until he listed his house for sale, at which time, he was required to replace the unit. The first two replacement units failed within two weeks of installation. The third unit worked for about a week when he was awakened in the early morning to find that the UV unit had caught on fire. He explained that the flames were six feet high, fifteen from his house and heading towards the cedar fence between his house and his neighbors. As a result of this experience, Levy strongly supported the two onsite sewage UV waivers on the agenda today as a safety issue.

Maurie Louis, representing the League of Women Voters, announced that the League of Women Voters Suicide Prevention Committee is pleased to be working with the Health District and Kitsap Mental Health Services to address the public health issue of suicide in our community. Louis said that there will be a kick-off forum to launch this program which will be held on March 29, from 10 a.m. - noon at Poulsbo City Hall. Following the kick off forum, the Suicide Prevention Committee will meet with school officials, PTAs, and other interested community organizations to raise awareness and encourage the adoption of programs shown to be effective in reducing suicide.

## **HEALTH OFFICER'S REPORT/ADMINISTRATOR'S REPORT**

Dr. Scott Lindquist, Health Officer, explained that the medication Naloxone, brand name Narcan, is used to reverse life-threatening effects of heroin overdose. Lindquist alerted the Board that the Health District is early in the process of developing a policy where a standing order under Lindquist's signature at local pharmacies will make Naloxone in nasal spray form available to the public. It will then be possible for the public to purchase Naloxone to administer to a family member or friend in the event of an opiate overdose. Lindquist said that Public Health Seattle-King County has a similar and successful program in place now. Lindquist told the Board that he estimates that making Naloxone available as a standing order will save at least one life a year in the County. The target date for the roll-out of this program is late spring.

## **ADVERSE CHILD EXPERIENCES IN KITSAP COUNTY**

Ms. Katie Eilers, Assistant Director of the Community Health Division, provided an overview of the results from the Adverse Childhood Experiences study (ACES) initially conducted in California and other studies. These studies document the intuitive understanding that traumatic experiences during childhood influence our physical and mental health as adults. The researchers found that exposure to traumatic or adverse experiences such as abuse, neglect, and household dysfunction were associated with poor health outcomes, and particularly children who experienced more than one category, a so-called "high ACES score", were predictive of health issues, such as obesity, substance abuse, and depression as adults.

Eilers pointed out that there are factors that appear to be mitigate the effect of high ACES scores on adult health and behavior, commonly called "resiliency". Eilers stressed the importance of encouraging programs that promote resiliency such as the District's Nurse Home Visitation program that provides parenting support to high risk parents. Moving forward Eilers said it was important to focus on programs that intervene at critical periods during developmentally sensitive times to support parents and caregivers to provide safer and more stable environments for pregnant moms and children and remove environmental risk factors where possible.

Ms. Eilers then introduced Ms. Siri Kushner, Epidemiologist 2 from the District's Health Information Program, who presented data to the Board on Kitsap County residents' responses to questions about ACES on the Behavioral Risk Factor Surveillance System, or BRFSS survey. Following both presentations, there was a brief discussion by the Board.

## **ONSITE SEWAGE ULTRAVIOLET LIGHT WAIVER REQUEST**

Mr. Keith Grellner, Director, Environmental Health Division, thanked those who took the time to make public comments on the waivers on the agenda today. Mr. Grellner reminded the Board that this information was first presented to the Board in November 2012. Since then, with the Board's permission, the District has been working with manufacturers and the State Department of Health to try to identify the best course forward to ensure that the intent of state regulations was met while addressing the problems being observed with disinfection treatment units, primarily ultraviolet light (UV) units. Through sampling and investigation since November 2012, the District is confident that it has documented that state-approved and state-required disinfection units were not working properly, were not reliable, were expensive to replace, and were safety hazards as a result of their tendency to catch fire.

As a result of the District's extensive investigation, it is proposing to request two waivers of Class B onsite sewage systems to the State Department of Health: the first waiver waives the state requirement to repair or replace a faulty or failing disinfection system and the second waiver allows time-dosed pressure distribution systems in soil types 3-6 with  $\geq 18''$  and  $< 24''$  of vertical separation without requiring the additional disinfection treatment option. Grellner commented that even though Board approval to request these waivers is not required, the District wants the Board to be aware of and supportive of the two waivers. A brief discussion followed. Commissioner Gelder moved to direct staff to pursue approval of the two Class B waivers for onsite sewage systems with the State Department of Health and seconded by Mayor Erickson. The motion passed unanimously.

#### **RESOLUTION 2014-02: PUBLIC SHARPS CONTAINER PROGRAM RESOLUTION**

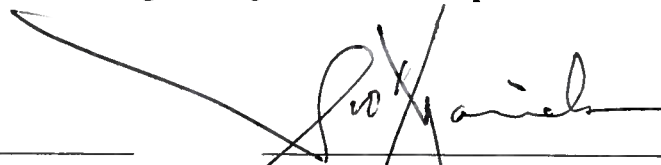
Dr. Lindquist reminded the Board that the Board Policy Committee met to discuss a recommendation to the Board regarding a public sharps container program by jurisdiction. Mr. Grellner then further explained that this resolution is not prescriptive in that it allows latitude on the part of individual jurisdictions to develop their own solutions to provide options to the public to dispose of sharps. There was a brief discussion. Mayor Erickson moved to approve Resolution 2014-02: Public Sharps Container Program Resolution and seconded by Mayor Matthes. The motion was approved unanimously.

#### **ADJOURN**

There was no further business; the meeting was adjourned at 12:16 p.m.



**Mayor Patty Lent, Chair  
Kitsap Public Health Board**



**Scott Daniels  
Administrator**

**Board Members Present:** *Council Member Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Tim Matthes*

**Board Members Absent:** None

**Staff Present:** *Scott Daniels, Administrator; Katie Eilers, Assistant Director, Community Health Division; Grant Holdcroft, Senior Environmental Health Specialist, Solid & Hazardous Waste Program; Keith Grellner, Director, Environmental Health Division; Jessica Guidry, Regional PHEPR Coordinator, Administration; Jodie Holdcroft, Senior Environmental Health Specialist; Karen Holt, Human Resources Analyst, Administration; Leslie Hopkins, Management Analyst, Administration; Siri Kushner, Epidemiologist 2, Administration; Scott Lindquist, Health Officer; Beth Lipton, Epidemiologist 2, Administration; Maureen Murphy, Human Resources Manager; Suzanne Plemmons, Director, Community Health Division; Lacey Rhoades, Confidential Secretary, Administration; Shelley Rose, Public Health Educator, In Person Assister Program; Danielle Schaeffer, Environmental Health Specialist, Healthy Communities Program; Kelsey Smith, Intern; Jim Zimny, Program Manager, Food and Living Environment Program*

Kitsap Public Health Board

Regular Meeting

March 4, 2014

Page 4 of 4

**Public Present:** Ron Aranbrust, *On-Site Septic O&M Services*; Dave Ghylin, *Dave's Septic Service*; Daniel Hashman, *A Aeration Services*; Eric Knopf, *Indigo Design*; Monte Levine, *self*; Ron Levy, *self*; Maurie Louis, *League of Women Voters-Kitsap*; Tad Scoter, *Kitsap Sun*; J.D. Stahl, *Mundt MacGregor, LLP*