

KITSAP PUBLIC HEALTH BOARD

Regular Meeting

June 4, 2013

The meeting was called to order by Commissioner and Board Chair Josh Brown at 11:21 a.m.

MINUTES

Mayor Patty Lent moved and Mayor Becky Erickson seconded a motion to approve the minutes for the May 7, 2013, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The contracts on the consent agenda included:

- **Contract 1139:** Washington State Department of Health, Water Recreation Facilities
- **Contract 1141:** Olympic Educational Service District, Comprehensive Community Assessment
- **Contract 1145:** Office of the Superintendent of Public Instruction, School Cafeteria Inspections

Mayor Erickson moved and Mayor Tim Matthes seconded a motion to approve the items on the consent agenda. The motion was approved unanimously.

PUBLIC COMMENT

Mr. Monte Levine asked that the Board consider proclaiming Saturday, August 31, as International Overdose Awareness Day in acknowledgement of those whose lives have been lost to drug overdoses. Levine said he also planned to organize a vigil that day as part of remembrance activities. Commissioner Brown asked Mr. Levine to contact him outside of the meeting to discuss this request further.

Mr. Chris Johanson, one of the owners of Smokers Choice in the Silverdale Mall, informed the Board that on April 26 Governor Inslee signed a law that prohibits the sale of electronic cigarettes to minors and assured the Board that his store had never sold to minors. Commissioner Brown responded that this issue would be considered by the Board's Policy Committee this summer.

DIRECTOR'S REPORT

Dr. Scott Lindquist, Director of Health, reported on the status of Hepatitis A outbreak related to a fruit mix sold by Costco nationwide. The pomegranate in the mix originated in Africa and was contaminated by a strain of Hepatitis A that is endemic in Africa. There have been eight hospitalizations nationwide related to the outbreak, none in Washington. However, Lindquist noted that 28,000 packages of the contaminated mix were sold in the Pacific Northwest. Costco has notified its customers who purchased the product. The Health District has sent an alert to doctors in the community regarding the outbreak with the recommended response for patients who may have been exposed to the contaminated product to get a Hepatitis A vaccine. However, Lindquist noted that this vaccine is less effective in people over age 40 who would be encouraged to get immunoglobulin shots; however, no immunoglobulin is available in the county. There was a brief discussion.

Dr. Lindquist invited Board members to attend the District's All Staff meeting scheduled for Monday, June 10 from 8:00 a.m. – 10:00 a.m. in the Norm Dicks Government Center Chambers.

SETTING JULY & AUGUST BOARD MEETINGS SCHEDULE

Dr. Lindquist reminded the Board that the Board has elected to recess for the July meeting in past years and that in 2012 it recessed for both July and August. Further, he said that the District has no pressing business pending for either July or August. After a brief discussion, it was the consensus of Board members to recess for July and August, reconvening with the September 3 Board meeting. It was also decided that with these dates available, the District would attempt to schedule a Policy Committee meeting either July 2 or August 6, or sometime during those months. Lindquist commented that should it be necessary for the Board to approve a contract in July or August, the District has a procedure in place to accomplish that approval outside of regular Board meetings.

2013 HEALTH INDICATORS REPORT

Dr. Lindquist introduced Ms. Siri Kushner and Ms. Beth Lipton, epidemiologists in the District's Assessment Program, who led the Board and attendees in a review of the 2013 Kitsap County Core Public Health Indicators Report. Board members, staff, and meeting attendees split into two groups to discuss the report. The discussion for the first group was led by Kushner and for the second group by Lipton.

Kushner and Lipton explained that the indicators serve as a "Report Card" for the health of Kitsap County, showing trends over time within Kitsap County and as compared to Washington State as a whole. The District and the Board use the indicators to support decision-making and community partnerships. Further, they explained that the indicators include a range of measures of the factors that affect health – social and economic, physical environment, health care, and personal behaviors.

Kushner and Lipton shared a one-page summary of the indicators and described key findings in detail:

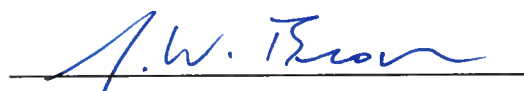
- The increasing percentage of older adults in the County was explained along with consequences of this change such as increased healthcare utilization and changing community needs.
- The effect of the economic recession is apparent in worsening trends in poverty, employment, affordable housing, and homelessness.
- The benefits of public health policies and work are demonstrated by decreasing adult smoking; decreasing food establishment violations; improving water quality; and decreasing motor vehicle hospitalizations and deaths. Also, there appears to be a reversal of the worsening trend in children entering kindergarten with complete immunizations as a result of public health-sponsored legislation in 2011. Potential policy opportunities were discussed related to the worsening trend in fast food and convenience store density, so-called "food deserts".

- The chronic disease epidemic and need for prevention was discussed: decreasing rate of adults at a healthy weight; unchanged rates of healthy eating and physical activity; and increasing rate of diabetes hospitalizations. This issue is being addressed to some degree through the Kitsap Community Health Priorities, also known as KCHP, and Health District's strategic priorities.
- Health over the lifespan and getting a good start early in life were discussed: more babies are being born into poverty; decreasing rate of early prenatal care; and improving but still concerning rate of smoking during pregnancy (worse than the State). Again, these issues are being addressed in part through KCHP and Health District strategic priorities.
- Concerning trends among our youth include the worsening trend in youth considering suicide. Participants discussed potential intervention and prevention efforts if the one-tenth of one-percent funding is approved. Also, youth smoking rate among youth is unchanged but is worse than Washington State as a whole, and the chlamydia infection rate is worsening.
- Kushner and Lipton noted worsening trends in adult binge drinking and drug-associated deaths in Kitsap County.
- Kushner and Lipton noted a worsening trend in chronic hepatitis C cases; possible reasons for this were discussed including an increase in screening and reporting.

Following the presentations, Commissioner Brown wondered if it would be useful to have targets, if not for all indicators at least for a few strategic priorities. Mr. Keith Grellner, Director of the Environmental Health Division offered to distribute the health indicators to local planning boards and planners. Mr. Grellner also asked if food-related illness that had been removed as an Indicator could be added back in, since it is one of the District's strategic planning goals.

ADJOURN

There was no further business; the meeting was adjourned at 12:23 p.m.



Commissioner Josh Brown, Chair
Kitsap Public Health Board



Scott W. Lindquist, MD, MPH
Director of Health

Board Members Present: *Council Member Sarah Blossom; Commissioner Josh Brown; Mayor Becky Erickson; Mayor Patty Lent; Mayor Tim Matthes*

Board Members Absent: *Commissioner Rob Gelder; Commissioner Charlotte Garrido*

Staff Present: Scott Daniels, *Deputy Director*; Kerry Dobbelaere, *Program Manager, Clinical Services*; Yolanda Fong, *Public Health Nurse Advanced Practitioner, Chronic Disease Prevention*; Keith Grellner, *Director, Environmental Health Division*; Leslie Hopkins, *Management Analyst, Administration*; Scott Lindquist, *Director of Health*; Suzanne Plemmons, *Director, Community Health Division*; Shelley Rose, *Public Health Educator, Health Information Resources Program*

Public Present: Chris Johanson, *Smokers' Choice*; Meghan Johnson, *Olympic High School*; Monte Levine, *self*; Melissa Tippetts, *Self*