

**KITSAP PUBLIC HEALTH BOARD**  
**Regular Meeting**  
**May 1, 2012**

The meeting was called to order by Board Chair Mayor Becky Erickson at 11:20 a.m.

**MINUTES**

Mayor Patty Lent moved and Commissioner Rob Gelder seconded a motion to approve the minutes for the April 3, 2012, regular meeting. The motion was approved unanimously.

**CONSENT AGENDA**

The contracts on the consent agenda included:

- Amendment 1, Contract 953, Olympic Educational Service District, Early Headstart Home Visitor
- Amendment 2, Contract 960, Consolidated Contract
- Contract 985, Whatcom County, Community Transformation Grant
- Contract 1023, Jefferson County Public Health, Nurse Family Partnership Supervision
- Contract 1012, Jefferson County, Data Analysis and Reporting
- Contract 1018, Clallam County Department of Health and Human Services, Data Analysis and Reporting

Commissioner Gelder moved and Mayor Tim Matthes seconded a motion to approve the items on the consent agenda. The motion was approved unanimously.

**PUBLIC COMMENT**

There was no public comment.

**DIRECTOR'S REPORT**

Dr. Scott Lindquist, Director of Health, asked the Board to recognize two women associated with the Health District -- Mayor Patty Lent, and Jessica Guidry, the Health District's Public Health Emergency Preparedness Response program coordinator -- who are recipients of the YWCA 2012 Women of Achievement award. Board members were joined by members of the audience in recognizing Lent and Guidry with a round of applause.

**CHRONIC DISEASE PREVENTION**

Dr. Lindquist introduced the discussion of chronic disease prevention that will be presented by three members of the Health District's staff -- Scott Daniels, Deputy Director; Yolanda Fong, Chronic Disease Coordinator; and Siri Kushner, Epidemiologist.

In the presentation, Dr. Lindquist introduced the World Health Organization definition of health, comparing it with a definition of chronic disease. Daniels, Fong, and Kushner then expanded on this by presenting the most common chronic diseases, and the risk factors and risk conditions for chronic disease. The presentation continued with national and local data illustrating the burden of chronic disease by describing the rising rates of diabetes, direct and indirect costs, healthcare spending versus prevention, and current levels of reported risk factors and risk conditions. The speakers went on to explain that public health policies can establish conditions that change the environment to facilitate healthier behaviors that then improve the health of residents. Examples of public health policies were described including

workplace wellness, tobacco-free outdoor venues and safe routes to school. The speakers then reviewed the Health District's chronic disease prevention activities that are guided by the strategic plan, participation in the Kitsap Community Health Priorities process (KCHP), and the District's Community Transformation Grant which funds chronic disease program activities.

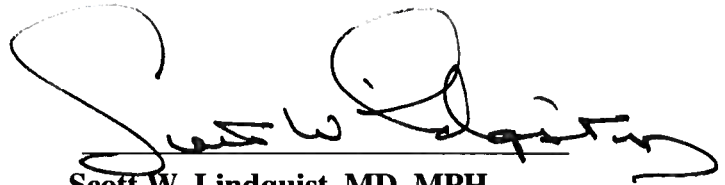
Following this, Lindquist observed that even though the incidence of diabetes, for example, is rising dramatically in the United States with significant increases in cost and impacts on health, because it is not a reportable disease, the District has no reliable way to obtain data on the change in incidence of the disease and instead must rely on indirect measures such as the rate of diabetes-related hospitalizations. He noted that this is an example of an area where the Board could decide to establish a policy to address a growing chronic disease concern making diabetes a reportable disease in order to better address the impacts of the disease in our community. A discussion followed about ways the Board can address potential impacts of chronic disease in this community by adopting policies that may address these issues.

#### **ADJOURN**

There was no further business; the meeting was adjourned at 12:24 p.m.



**Mayor Becky Erickson, Chair**  
**Kitsap Public Health Board**



**Scott W. Lindquist, MD, MPH**  
**Director of Health**

**Board Members Present:** *Council Member Sarah Blossom; Commissioner Josh Brown; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Tim Matthes; Council Member Roy Runyon (alternate)*

**Board Members Absent:** None

**Staff Present:** *Nancy Acosta, Public Health Nurse, Parent Child Health Program; Karen Boysen-Knapp, Public Health Educator, Health Information Resources; Kerry Dobbelaere, Program Manager, Clinical Services; Yolanda Fong, Advanced Practice Public Health Nurse, Health Information Resources Program; Keith Grellner, Director, Environmental Health Division; Jessica Guidry, Public Health Emergency Response Preparedness Program Coordinator; Karen Holt, HR Analyst, Administration; Leslie Hopkins, Management Analyst, Administration; Tracey Kellogg, Accounting Program Manager; Siri Kushner, Epidemiologist 2, Health Information Resources; Scott Lindquist, Director of Health; Beth Lipton, Epidemiologist 2, Health Information Resources; Maureen Murphy, Human Resources Manager; Bonnie Petek, Food and Living Environment Program Manager; Suzanne Plemmons, Director, Community Health; Shelley Rose, Public Health Educator, Health Information Resources Program; Kirstin Sweet, Behavioral Health Specialist, Parent Child Health Program; Ruth Westergaard, Community Liaison, Public Health Preparedness Program*

**Public Present:** Monte Levine, *Self*