

## Resources on Health Equity, Racism, and Related Topics (Updated 3/14/2022)

Please note that this list is not exhaustive and will be updated as our Equity Program learns of new resources. If you have questions or recommendations for this list, please contact Jessica Guidry, Equity Program Manager, at [jessica.guidry@kitsappublichealth.org](mailto:jessica.guidry@kitsappublichealth.org).

### Local, State, and National Health Disparities Data

- Kitsap Public Health District (Ongoing). Various [health indicator dashboards](#), many of which show trends by race, gender, zipcode.
- Kitsap Public Health District. (Ongoing). COVID-19 [case demographics](#) and [vaccination demographics](#) dashboards.
- Kitsap Public Health District. (2017). [Kitsap County Health Disparity Report](#).
- Washington State Department of Health. [Washington Environmental Health Disparities Map](#).
- Washington State Department of Health. [COVID-19 dashboard](#) (demographic data for COVID-19 cases, hospitalizations, tests, and vaccinations).
- Washington State Department of Health. [Washington Tracking Network IBL Mapping Tool for health disparities information](#).
- PolicyLink/USC Equity Research Institute. [National Equity Atlas](#).
- Agency for Healthcare Research and Quality. (2021). [2021 National Healthcare Quality and Disparities Report](#).
- U.S. Department of Health and Human Services. [HealthyPeople 2030 Overall Health and Wellbeing Measures](#).

### Resources on Health Equity

- American Public Health Association. [Health Equity](#).
- California Newsreel. [Unnatural Causes - Is Inequality Making Us Sick?](#)
- Human Impact Partners. [Health Equity Guide](#).
  - Webinar: [Part 1 – Building Internal Infrastructure to Advance Health Equity](#).
  - Webinar: [Part 2 – Working Across Government to Advance Racial and Health Equity](#).
  - Webinar: [Part 3 – Fostering Community Partnership to Advance Health Equity](#).
  - Webinar: [Part 4 – Championing Transformative Change to Advance Health Equity](#).
- Robert Wood Johnson Foundation. [Health Disparities](#).
- Robert Wood Johnson Foundation. [Social Determinants of Health](#).
- Washington State Department of Health. [Health Equity](#).

## Research Studies on Racism and Health

- Bailey, ZD et al. (2017). Structural racism and health inequities in the USA: evidence and interventions. *The Lancet*, 389, 1453-1463.
- Black, L. L., Rhonda Johnson, R., & Lisa VanHoose, L. (2015). The Relationship between Perceived Racism/Discrimination and Health among Black American Women: A Review of the Literature from 2003-2013. *Journal of Racial and Ethnic Health Disparities*, 2(1), 11–20.
- Bleich, S.N., Findling, M.G., Casey, L.S., Blendon, R.J., Benson, J.M., SteelFisher, G.K., Sayde, J.M., & Miller, C. (2019). Discrimination in the United States: Experiences of Black Americans. *Health Services Research*, 54, 1399–1408.
- Chantarat, T., Mentzer, K.M., Van Riper, D.C., & Hardeman, R.R. (2022). Where are the labor markets?: Examining the association between structural racism in labor markets and infant birth weight. *Health & Place*, 74.
- Findling, M.G., Bleich, S.N., Casey, L.S., Blendon, R.J., Benson, J.M., Sayde, J.M., & Miller, C. (2019). Discrimination in the United States: Experiences of Latinos. *Health Services Research*, 54, 1409–1418.
- Findling, M.G., Casey, L.S., Fryberg, S.A., Hafner, S., Blendon, R.J., Benson, J.M., Sayde, J.M., Miller, C. (2019). Discrimination in the United States: Experiences of Native Americans. *Health Services Research*, 54, 1431–1441.
- Guidi, J.A, Lucente, MA, Sonino, NBC, & Fava, G.A.C. (2021). Allostatic Load and Its Impact on Health: A Systematic Review. *Psychotherapy and Psychosomatics*, 90, 11–27.
- O’Brien, R., Neman, T., Seltzer, N., Evans, L., & Venkataramani, A. (2020). Structural racism, economic opportunity and racial health disparities: Evidence from U.S. counties. *Social Sciences and Medicine – Population Health*, 11.
- McMurtry, C.L., Findling, M.G., Casey, L.S., Blendon, R.J., Benson, J.M, Sayde, J.M., & Miller, C. (2019). Discrimination in the United States: Experiences of Asian Americans. *Health Services Research*, 54, 1419–1430.
- Paradies Y., Ben, J., Denson N., Elias A., Priest N., Pieterse A., et al. (2015). Racism as a Determinant of Health: A Systematic Review and Meta-Analysis. *PLoS ONE*, 10(9).
- Robinson, K.M., Fial, A.; & Hanson, L. (2019). Racism, Bias, and Discrimination as Modifiable Barriers to Breastfeeding for African American Women: A Scoping Review of the Literature. *College of Nursing Faculty Research and Publications*, 660.
- Theall, K.P., Francois, S., Bell, C.N., Anderson, A., Chae, D., and LaVeist, T.A. (2022). Neighborhood Police Encounters, Health, And Violence In A Southern City. *Health Affairs*, 41, 2, 228–236.
- Williams, D. R. et al. (2019). Understanding how discrimination can affect health. *Health Services Research*, 54, 1374-1388.
- Williams D. R., & Mohammed, SA. (2013). Racism and Health I: Pathways and Scientific Evidence. *American Behavioral Scientist*, 57(8), 1-19.
- Williams, D. R., Lawrence, JA, & Davis, BA. (2019). *Racism and Health: Evidence and Needed Research. Annual Reviews of Public Health*, 40, 105-125.
- Williams, D. R. & Williams-Morris, R. (2000). Racism and Mental Health: the African American Experience. *Ethnicity & Health*, 5(3/4), 243-268.

### Resources on Racism and Health

- American Public Health Association. [Racism and Health](#).
- Braveman, P.A., Arkin, E., Proctor, D., Kauh, T., & Holm, N. (2022). [Systemic and Structural Racism: Definitions, Examples, Health Damages, and Approaches to Dismantling](#). *Health Affairs*, 41, 2, 171-178.
- Centers for Disease Control (CDC). [Racism and Health](#).
- Ford, C.L., Griffith, D.M., Bruce, M.A., Gilbert, K.L. (Eds.). (2019). [Racism: Science & Tools for the Public Health Professional](#). APHA Press.
- Farhang, L. & Gould, S. Human Impact Partners. (2021). [Racial Justice and Power Sharing: The Heart of Leading Systems Change](#). In Risley, K.Y., Welter, C.R., Castillo, G., & Castrucci, B.C. (Eds.). *Leading Systems Change in Public Health: A Field Guide for Practitioners* (pp. 17-30). Springer.
- Jones, C. (2014). [Allegories on Race and Racism](#). TEDxEmorey.
- Robert Wood Johnson Foundation. [Racism and Health](#)
- Robert Wood Johnson Foundation. [Systemic Racism and Health Equity](#).
- Williams, D.R. (2016). [How Racism Makes Us Sick](#). TEDMED.
- Yearby, R., Clark, B., & Figueroa. (2022). [Structural Racism in Historical and Modern U.S. Health Care Policy](#). *Health Affairs*, 41, 2, 187-194.

### Local Reports and Documents on Equity, Race, and Related Topics

- Institute for Research and Education on Human Rights and Kitsap Showing Up for Racial Justice. (2019). [Threats to a Welcoming Kitsap](#)
- Kitsap County Council for Human Rights. (n.d.). [Kitsap County Timeline of Human Rights](#).