



## CHRONIC DISEASE & INJURY PREVENTION

The mission of the Kitsap Public Health District is to **prevent disease and protect and promote the health of all people in Kitsap County.**

Our program works in the community to **support healthy behaviors and reduce health risks** through collaboration, education, and the promotion of resources.

### WHAT WE DO

#### **Healthy Eating & Active Living**

We collaborate with partners to improve equitable access to nutritious foods, lactation support, and environments that encourage active living. We work in schools, farmers markets, food banks, affordable housing, and healthcare.

#### **Injury Prevention**

We support creative solutions to help keep communities safe from all kinds of injuries. We work closely with community members and organizations to offer education, training, and resources.

#### **Substance Use Prevention & Response**

We provide trauma-informed training to reduce impacts from illicit substances, vaping, commercial tobacco, and youth cannabis use. We bring together partners to implement strategies that promote protective factors that reduce substance use.



Scan this code with a smartphone to learn about health trends in Kitsap County, or go to [kitsappublichealth.org/data](https://kitsappublichealth.org/data)

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**How can I reach you for more information?**

 [cdp@kitsappublichealth.org](mailto:cdp@kitsappublichealth.org)

 **360-728-2235**


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