



Kitsap Public Health COVID-19 Recovery FAQ

We have been getting a lot of questions about how many people who tested positive for COVID-19 have since recovered. We don't track recovery information at this time and we don't have hard numbers to share. However, we realize many people in our community are interested in this information and we are evaluating how we might be able to track and report recovery trends.

Here are some important things to know:

- **While we do not follow up with every case, we do know that most people who get COVID-19 experience mild illness and are able to recover at home.** According to the CDC, most people with COVID-19 are sick for a few days and get better after a week. This means most of the COVID-19 cases we have reported have already recovered or are getting better.
- **Of the Kitsap residents who tested positive for COVID-19 so far, about 12% needed to be hospitalized overnight.** One death has been confirmed to date.
- **Kitsap Public Health does not track the recovery of COVID-19 cases.** The only way to gather recovery information is to check in with each case over time. We have not had the capacity to do that work. Tracking recovery is not a standard part of our disease investigation work.
- **We remain focused on slowing the spread of COVID-19 in our community.** Our investigation team works seven days a week to interview Kitsap residents who've tested positive for COVID-19 and notify the people they have been in close contact so they can take steps to prevent more people from getting sick
- **We report the total number of Kitsap residents who have tested positive to date to help our community understand the local impact of the pandemic.** This total doesn't represent the number of people currently sick with COVID-19. Many of the cases we report will have already recovered. Other Kitsap residents who are sick with COVID-19 might not be tested and aren't included in the data.
- **It's important for everyone to take steps to protect their health and prevent the spread of COVID-19.** While we know most people who get COVID-19 experience mild illness and recover at home, some people will become severely ill. By slowing the spread of the illness in our community we can protect the people who are most at risk and ensure health care services are available for those who need them most.

Thank you for doing your part to keep our community healthy!