SLOW THE SPREAD



Stay at least 6 feet from others whenever possible





Wear a cloth face covering when you cannot stay 6 feet from others

- USE PHYSICAL DISTANCING AND FREQUENT HANDWASHING to protect your health and help slow the spread of COVID-19.
- WEAR A CLOTH FACE COVERING: Carry a face covering with you and wear it in places where you cannot keep a safe distance from others, such as stores and buses.
- BE KIND. Some people cannot wear face coverings. Show compassion toward others. Focus
 on making good decisions for you and your family.

CONTINUE TO...



Stay home as much as you can. Avoid mingling with people from outside your household.

Wash your hands often with soap and water, or use sanitizer.





Clean and disinfect objects and surfaces you use frequently.

Stay away from crowded areas. Choose a different place to go or come back another time, unless your visit is absolutely necessary.

ABOUT FACE COVERINGS

 Face coverings are not a substitute for more effective preventive measures, including physical distancing and handwashing.

- Face coverings are worn to protect others. Face coverings are most effective for preventing the wearer from spreading respiratory droplets.
- Face coverings are not safe for children younger than 2. Older children should be supervised while wearing face coverings.
- Avoid touching your face covering and face.
 Clean your face covering regularly.

