

About the County Health Rankings & Roadmaps and Kitsap Core Public Health Indicators Report

About the County Health Rankings & Roadmaps

- http://www.countyhealthrankings.org/
- Developed by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute
- First released in 2010 for all U.S. counties, updates released annually but not comparable over time due to changes in definitions and sources
- Two overall ranks derived from 35 measures: Health Outcomes and Health Factors
- Ranking method rather than actual percents and rates is used for easier interpretation
- Rankings are presented for every county in the US; counties are ranked within states; for the first time in 2016, counties in different states can be compared
- Data sources must have data for *almost all* counties across the nation
- County-level data help counties understand what influences how healthy residents are and how long they will live
- Rankings & Roadmaps Contents:
 - 35 indicators in 2 sections and 6 sub-sections:
 - Health Outcomes
 - Length of life and Quality of life
 - Health Factors
 - Health Behaviors, Clinical Care, Social and Economic Factors, Physical Environment

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About the Kitsap Core Public Health Indicators

- http://www.kitsapcountyhealth.com/information/data indicators.php
- Developed in 2006 by Kitsap Public Health District Health Officer and Epidemiology staff, updated every spring
- Demographic and public health data for an overview of the health of Kitsap residents and surroundings
- Data are presented as rates and percentages using national, state and local data sources
- Data trends over time help to prioritize community resources for programs and policies that improve health
- Companion document has comparisons to Washington State



Kitsap Core Public Health Indicator Contents:

- More than 50 indicators in five sections:
 - > Demographic profile
 - ➤ Who are we?
 - ➤ How healthy are we?
 - How healthy are our lifestyles and behaviors?
 - How safe and healthy are our surroundings?

KPHD Indicators and County Health Ranking Comparisons

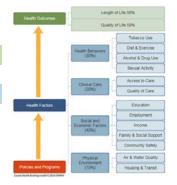
- KPHD Indicators are:
 - Generated from local, state and national data sources
 - Calculated from 1-3 years of data
 - Rates and percentages with statistical trend over time and comparison to WA State, include two points in time
 - County-level data, not sub-county or for sub-groups except some by age
- County Health Rankings are:
 - For comparing county to county within states; in 2016 added ability to compare counties in different states
 - Generated from national-level data sources
 - Calculated from 1-7 years of data, and sometimes data that are several years old
 - Ranks for categories; statistical trend over time for some measures; comparison to WA State and top U.S. county
 - Based on a somewhat different indicators each year so ranks are not comparable year to year
 - A method to identify potential challenges that counties might examine more closely
- KPHD reviews Rankings but relies on local Indicators and Kitsap Community Health Priorities (KCHP) data to understand the health and well-being of our community

County Health Rankings and Kitsap Core Public Health Indicators both:

- Raise awareness of community health
- Present a call to action
- Identify areas for more in-depth analysis

2017 County Health Rankings Summary for Kitsap County:

- Of 39 Washington State counties, Kitsap County ranks:
 - o **10**th for Health Outcomes, "the health of today"
 - 4th for Health Factors, "the health of tomorrow"



AREAS TO CELEBRATE:

- Among the lowest average days of poor physical and poor mental health for adults
- Low rate of adults with poor/fair health
- 5th for Social & Economic Factors
 - High rate of adults with some college
 - o Low rate for children in poverty
- 6th for Clinical Care
 - Lowest rate of uninsured
 - Low ratio of population to dentists
 - o Low rate of preventable hospital stays
- 10th for Health Behaviors
 - Among the best access to exercise opportunities
- 11th for Physical Environment
 - Low rate of driving alone to work

AREAS OF CONCERN:

- Low birthweight
- Adult smoking
- Adult obesity
- Adult excessive drinking
- Alcohol-impaired driving deaths
- Rate of Sexually Transmitted Infections (Chlamydia)
- High school graduation
- Average daily air pollution

IMPROVING TRENDS: Premature death; preventable hospital stays; high school graduation; violent crime; air pollution

WORSENING TRENDS: adult obesity; sexually transmitted infections; mammography screening; children in poverty

Kitsap County results on the County Health Rankings website:

http://preview.countyhealthrankings.org/app/washington/2017/rankings/kitsap/county/outcomes/3/snapshot