

# About the County Health Rankings & Roadmaps and Kitsap Core Public Health Indicators Report

#### **About the County Health Rankings & Roadmaps**

- http://www.countyhealthrankings.org/
- Developed by the Robert Wood Johnson
   Foundation and the University of Wisconsin
   Population Health Institute
- First released in 2010 for all U.S. counties, updates released annually but not comparable over time due to changes in definitions and sources
- Counties ranked within each state by indicators and section to allow comparison
- Data sources are national and must have data for almost all counties across the U.S.

#### • Rankings & Roadmaps Contents:

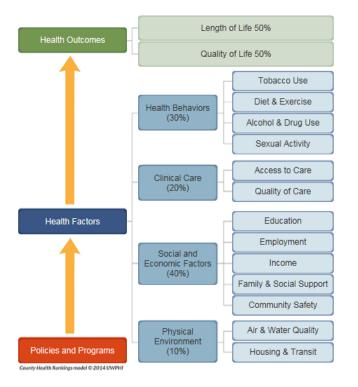
- 35 indicators in 2 sections and 6 sub-sections:
  - Health Outcomes
    - Length of life and Quality of life
  - Health Factors
    - o Health Behaviors, Clinical Care, Social and Economic Factors, Physical Environment

#### **About the Kitsap Core Public Health Indicators**

- http://www.kitsapcountyhealth.com/information/data\_indicators.php
- Developed by Kitsap Public Health District to present an overview of the health of Kitsap
- Data are presented as rates and trend over time using national, state and local data sources

#### **Kitsap Core Public Health Indicator Contents:**

- More than 90 indicators in five sections:
  - Demographic profile
  - ➤ Who are we?
  - ➤ How healthy are we?
  - ➤ How healthy are our lifestyles and behaviors?
  - How safe and healthy are our surroundings?





#### **KPHD Indicators and County Health Ranking Comparisons**

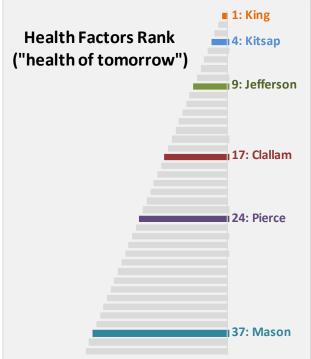
- KPHD Indicators are:
  - Generated from local, state and national data sources using current data
  - > Rates and percentages with statistical trend over time and comparison to WA State
- County Health Rankings are:
  - Generated from national-level data sources
  - Ranks based on comparison to other counties in the state; statistical trend over time for some measures; comparison to WA State and top 10% of U.S. counties

#### **County Health Rankings and Kitsap Core Public Health Indicators both:**

- Raise awareness of community health
- Present a call to action
- Identify areas for more in-depth analysis

#### **2018 County Health Rankings:**





### 2018 County Health Rankings Summary for Kitsap County

## HEALTH OUTCOMES – KITSAP RANKS 8<sup>TH</sup>

HEALTH OUTCOMES - KITSAP KANKS 8"										
	RANK	AREAS TO CELEBRATE	IMPROVING TRENDS	AREAS OF CONCERN	WORSENING TRENDS					
Length of Life	11 <sup>th</sup>		<ul><li>Premature death</li></ul>							
Quality of Life	7 <sup>th</sup>	<ul> <li>Among the lowest average days of poor mental health for adults</li> <li>Low rate of adults with poor/fair health</li> </ul>		• Low birthweight						

#### HEALTH FACTORS – KITSAP RANKS 4TH

HEALTH FACTORS – KITSAP RANKS 4 <sup>TH</sup>									
	RANK	AREAS TO CELEBRATE	IMPROVING TRENDS	AREAS OF CONCERN	WORSENING TRENDS				
Health Behaviors	6 <sup>th</sup>	<ul> <li>Among the lowest for adults smoking</li> <li>Low rate of physical inactivity</li> </ul>	<ul> <li>Alcohol- impaired driving deaths</li> </ul>	<ul> <li>Adult obesity</li> <li>Adult excessive drinking</li> <li>Alcohol- impaired driving deaths</li> <li>Sexually transmitted infections (chlamydia)</li> </ul>	<ul> <li>Adult obesity</li> <li>Sexually transmitted infections (chlamydia)</li> </ul>				
Clinical Care	7 <sup>th</sup>	<ul> <li>Second lowest rate of uninsured</li> <li>Low rate of preventable hospital stays</li> </ul>	<ul> <li>Uninsured (both adults and children)</li> <li>Preventable hospital stays</li> </ul>	<ul> <li>Access to primary care physicians</li> <li>Diabetes monitoring</li> <li>Mammography screening</li> </ul>	Mammography screening				
Social and Economic Factors	6 <sup>th</sup>	<ul> <li>High rate of adults with some college</li> <li>Low rate of children in poverty</li> </ul>	<ul><li>High school graduation</li><li>Violent crime</li></ul>	<ul> <li>High school graduation</li> <li>Rate of social associations</li> <li>Violent crime rate</li> </ul>	<ul><li>Children in poverty</li></ul>				
Physical Environment	28 <sup>th</sup>		• Air pollution	<ul><li>Average daily air pollution</li><li>Drinking water violation</li></ul>					

Kitsap County results on the County Health Rankings website:

http://www.countyhealthrankings.org/app/washington/2018/rankings/kitsap/county/outcomes/overall/snapshot

This fact sheet can be found on the Kitsap Public Health District Website at: http://kitsappublichealth.org/information/files/CountyHealthRankings.pdf